

Healthy Habits Word Search

Puzzle 181

W	C	R	Y	Q	U	O	N	H	K	U	T	H	L	F	B
I	X	P	L	A	N	N	E	R	F	O	P	L	D	E	W
S	D	V	E	G	E	T	A	B	L	E	Z	B	G	H	I
V	E	U	S	Q	S	U	P	P	O	R	T	A	C	Y	U
I	J	O	U	R	N	A	L	U	R	N	P	E	T	G	O
T	U	S	O	P	D	N	M	A	E	A	R	S	C	I	U
A	F	F	A	W	O	Q	H	T	I	O	X	W	S	E	J
L	G	H	W	F	U	S	N	A	T	Z	Z	E	L	N	Y
I	T	Y	F	N	E	I	I	S	O	K	M	F	I	E	C
T	F	D	A	O	S	T	E	T	C	U	Y	Q	M	H	D
Y	C	R	A	T	W	R	Y	D	I	L	T	J	I	Z	K
Y	U	A	U	E	D	F	A	Y	J	V	H	D	T	G	F
S	I	T	C	Q	A	S	F	J	O	Z	I	M	O	N	M
H	T	I	K	W	R	O	U	T	I	N	E	T	C	O	Z
E	R	O	Z	G	O	A	L	Y	T	W	P	O	Y	O	R
A	I	N	X	N	U	G	R	O	S	J	G	M	L	L	J

**GOAL
HYGIENE
JOURNAL
NOTE
PLANNER
RESTORE
SAFETY
VEGETABLE**

**HYDRATION
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LIMIT
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POSITIVITY
ROUTINE
SUPPORT
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Puzzle-Solution 181

W	C	R	Y	Q	U	O	N	H	K	U	T	H	L	F	B
I	X	P	L	A	N	N	E	R	F	O	P	L	D	E	W
S	D	V	E	G	E	T	A	B	L	E	Z	B	G	H	I
V	E	U	S	Q	S	U	P	P	O	R	T	A	C	Y	U
I	J	O	U	R	N	A	L	U	R	N	P	E	T	G	O
T	U	S	O	P	D	N	M	A	E	A	R	S	C	I	U
A	F	F	A	W	O	Q	H	T	I	O	X	W	S	E	J
L	G	H	W	F	U	S	N	A	T	Z	Z	E	L	N	Y
I	T	Y	F	N	E	I	I	S	O	K	M	F	I	E	C
T	F	D	A	O	S	T	E	T	C	U	Y	Q	M	H	D
Y	C	R	A	T	W	R	Y	D	I	L	T	J	I	Z	K
Y	U	A	U	E	D	F	A	Y	J	V	H	D	T	G	F
S	I	T	C	Q	A	S	F	J	O	Z	I	M	O	N	M
H	T	I	K	W	R	O	U	T	I	N	E	T	C	O	Z
E	R	O	Z	G	O	A	L	Y	T	W	P	O	Y	O	R
A	I	N	X	N	U	G	R	O	S	J	G	M	L	L	J

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