

# Healthy Habits Word Search

## Puzzle 185

C	P	J	J	L	P	A	H	Z	D	E	F	E	N	S	E
O	Z	T	P	T	Y	R	H	H	O	K	N	A	N	I	K
O	B	E	F	I	T	N	E	S	S	I	X	I	L	I	G
R	O	M	Z	X	I	B	L	S	L	J	M	M	C	C	F
D	U	P	N	Q	P	U	W	P	S	A	S	M	I	L	L
I	N	E	H	I	H	G	I	N	T	U	X	L	N	E	E
N	D	R	M	S	K	C	E	I	N	N	R	W	V	A	X
A	A	A	R	E	S	C	V	F	C	E	T	E	X	N	I
T	R	N	U	I	T	C	A	L	M	N	E	S	S	L	B
I	Y	C	D	K	C	A	N	D	J	N	J	F	Z	I	I
O	X	E	A	E	A	K	B	N	M	D	I	G	D	N	L
N	O	E	U	R	L	L	J	O	Z	Z	E	O	W	E	I
C	R	E	D	U	M	G	V	D	L	Y	G	M	R	S	T
B	K	T	C	N	U	Q	F	O	J	I	Z	S	K	S	Y
F	T	J	X	H	W	E	L	L	N	E	S	S	J	A	Q
E	X	A	W	A	R	E	N	E	S	S	Z	M	A	A	L

**AWARENESS**  
**BREAK**  
**CALMNESS**  
**COORDINATION**  
**DISCIPLINE**  
**FLEXIBILITY**  
**PRESSURE**  
**VITAMIN**

**BOUNDARY**  
**CALM**  
**CLEANLINESS**  
**DEFENSE**  
**FITNESS**  
**METABOLISM**  
**TEMPERANCE**  
**WELLNESS**

# Healthy Habits Word Search

## Puzzle-Solution 185

C	P	J	J	L	P	A	H	Z	D	E	F	E	N	S	E
O	Z	T	P	T	Y	R	H	H	O	K	N	A	N	I	K
O	B	E	F	I	T	N	E	S	S	I	X	I	L	I	G
R	O	M	Z	X	I	B	L	S	L	J	M	M	C	C	F
D	U	P	N	Q	P	U	W	P	S	A	S	M	I	L	L
I	N	E	H	I	H	G	I	N	T	U	X	L	N	E	E
N	D	R	M	S	K	C	E	I	N	N	R	W	V	A	X
A	A	A	R	E	S	C	V	F	C	E	T	E	X	N	I
T	R	N	U	I	T	C	A	L	M	N	E	S	S	L	B
I	Y	C	D	K	C	A	N	D	J	N	J	F	Z	I	I
O	X	E	A	E	A	K	B	N	M	D	I	G	D	N	L
N	O	E	U	R	L	L	J	O	Z	Z	E	O	W	E	I
C	R	E	D	U	M	G	V	D	L	Y	G	M	R	S	T
B	K	T	C	N	U	Q	F	O	J	I	Z	S	K	S	Y
F	T	J	X	H	W	E	L	L	N	E	S	S	J	A	Q
E	X	A	W	A	R	E	N	E	S	S	Z	M	A	A	L

**AWARENESS**  
**BREAK**  
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