

Healthy Habits Word Search

Puzzle 186

E	S	C	M	O	V	E	M	E	N	T	W	B	O	A	O
X	T	L	C	W	X	I	Q	Y	H	D	O	M	U	K	D
Z	R	E	A	A	R	C	O	N	N	E	C	T	I	O	N
W	U	A	L	Z	O	W	A	V	O	I	D	A	N	C	E
Z	C	N	M	T	U	Z	E	D	D	M	T	X	C	F	J
C	T	L	N	O	T	W	X	L	K	N	J	K	Q	O	D
D	U	I	E	V	I	W	H	O	L	E	F	O	O	D	S
I	R	N	S	J	N	W	L	U	M	N	Z	S	L	D	E
S	E	E	S	E	E	B	N	A	P	U	E	M	C	X	Q
C	V	S	Z	X	T	I	C	H	D	U	U	S	E	K	R
I	I	S	F	I	M	G	P	Y	R	J	R	N	S	N	A
P	M	P	U	A	C	G	S	G	G	I	U	P	A	X	U
L	L	R	T	Q	Z	V	Q	I	K	Z	T	W	O	Q	S
I	F	I	P	Y	A	V	H	E	D	L	Y	S	B	S	Z
N	V	S	L	E	E	P	A	N	G	T	B	N	U	J	E
E	S	T	A	M	I	N	A	E	V	P	J	Z	D	I	O

**AVOIDANCE
CLEANLINESS
DISCIPLINE
HYGIENE
PURPOSE
SLEEP
STRUCTURE
WELLNESS**

**CALMNESS
CONNECTION
FRUIT
MOVEMENT
ROUTINE
STAMINA
VITAMIN
WHOLEFOOD**

Healthy Habits Word Search

Puzzle-Solution 186

E	S	C	M	O	V	E	M	E	N	T	W	B	O	A	O
X	T	L	C	W	X	I	Q	Y	H	D	O	M	U	K	D
Z	R	E	A	A	R	C	O	N	N	E	C	T	I	O	N
W	U	A	L	Z	O	W	A	V	O	I	D	A	N	C	E
Z	C	N	M	T	U	Z	E	D	D	M	T	X	C	F	J
C	T	L	N	O	T	W	X	L	K	N	J	K	Q	O	D
D	U	I	E	V	I	W	H	O	L	E	F	O	O	D	S
I	R	N	S	J	N	W	L	U	M	N	Z	S	L	D	E
S	E	E	S	E	E	B	N	A	P	U	E	M	C	X	Q
C	V	S	Z	X	T	I	C	H	D	U	U	S	E	K	R
I	I	S	F	I	M	G	P	Y	R	J	R	N	S	N	A
P	M	P	U	A	C	G	S	G	G	I	U	P	A	X	U
L	L	R	T	Q	Z	V	Q	I	K	Z	T	W	O	Q	S
I	F	I	P	Y	A	V	H	E	D	L	Y	S	B	S	Z
N	V	S	L	E	E	P	A	N	G	T	B	N	U	J	E
E	S	T	A	M	I	N	A	E	V	P	J	Z	D	I	O

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