

Healthy Habits Word Search

Puzzle 194

V	U	J	T	N	X	R	E	F	L	E	C	T	I	O	N
O	B	R	D	G	R	A	I	N	M	T	H	X	N	E	M
I	J	E	I	Q	X	F	W	F	D	R	Y	O	M	A	H
Q	A	X	I	I	U	J	T	A	P	U	I	X	O	F	E
D	W	E	L	L	N	E	S	S	K	T	W	S	D	X	O
O	Y	B	U	L	K	T	Y	E	A	E	H	Z	E	D	M
J	U	A	S	Q	F	G	E	R	X	C	U	S	R	L	E
M	H	I	Q	V	I	H	D	N	T	O	B	P	A	T	P
Y	O	U	A	L	J	Y	G	E	T	R	O	C	T	B	U
E	O	U	Q	C	H	O	R	N	N	B	W	I	I	O	R
W	A	G	P	P	T	T	M	Y	V	S	L	H	O	U	P
O	E	Z	A	Y	S	I	E	R	I	Q	M	B	N	N	O
P	G	E	U	P	R	E	V	E	N	T	I	O	N	D	S
W	Q	F	L	E	X	I	B	I	L	I	T	Y	L	A	E
E	E	I	T	Y	Q	Q	V	Z	T	F	Z	Z	N	R	N
F	B	Z	C	Q	P	P	O	O	X	Y	G	E	N	Y	G

ACTIVITY
CALM
GRAIN
INTENT
OXYGEN
PURPOSE
STRETCH
WELLNESS

BOUNDARY
FLEXIBILITY
HYDRATION
MODERATION
PREVENTION
REFLECTION
WAKEUP
YOGA

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Puzzle-Solution 194

V	U	J	T	N	X	R	E	F	L	E	C	T	I	O	N
O	B	R	D	G	R	A	I	N	M	T	H	X	N	E	M
I	J	E	I	Q	X	F	W	F	D	R	Y	O	M	A	H
Q	A	X	I	I	U	J	T	A	P	U	I	X	O	F	E
D	W	E	L	L	N	E	S	S	K	T	W	S	D	X	O
O	Y	B	U	L	K	T	Y	E	A	E	H	Z	E	D	M
J	U	A	S	Q	F	G	E	R	X	C	U	S	R	L	E
M	H	I	Q	V	I	H	D	N	T	O	B	P	A	T	P
Y	O	U	A	L	J	Y	G	E	T	R	O	C	T	B	U
E	O	U	Q	C	H	O	R	N	N	B	W	I	I	O	R
W	A	G	P	P	T	T	M	Y	V	S	L	H	O	U	P
O	E	Z	A	Y	S	I	E	R	I	Q	M	B	N	N	O
P	G	E	U	P	R	E	V	E	N	T	I	O	N	D	S
W	Q	F	L	E	X	I	B	I	L	I	T	Y	L	A	E
E	E	I	T	Y	Q	Q	V	Z	T	F	Z	Z	N	R	N
F	B	Z	C	Q	P	P	O	O	X	Y	G	E	N	Y	G

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