

Healthy Habits Word Search

Puzzle 199

Y	M	B	V	S	W	B	R	M	Q	R	X	P	P	R	D
O	M	I	C	R	O	N	U	T	R	I	E	N	T	E	E
E	D	A	W	R	Y	C	H	E	C	K	L	I	S	T	C
Y	H	Z	T	H	P	R	I	O	R	I	T	Y	K	N	C
B	V	V	L	Y	S	K	J	K	B	K	N	Z	O	G	E
T	H	J	W	T	T	N	S	J	A	H	E	I	N	R	H
L	T	N	D	H	A	M	K	E	E	Q	T	W	O	I	Z
P	Z	G	E	M	M	E	R	E	X	R	E	T	F	U	Z
H	T	Q	F	S	I	B	A	Z	O	L	S	K	H	G	S
C	B	A	E	Q	N	O	N	P	T	E	R	A	T	O	P
W	S	E	N	B	A	J	U	O	R	Y	U	W	B	A	G
U	A	S	S	Z	Y	S	S	T	U	S	W	Y	F	L	K
J	E	T	E	F	B	M	P	V	D	R	Y	W	O	E	N
F	E	N	E	R	G	Y	A	M	I	O	I	F	K	G	K
S	O	M	A	R	J	W	M	B	R	P	O	S	M	H	A
B	A	C	T	I	V	I	T	Y	A	S	T	R	H	H	U

ACTIVITY
CHECKLIST
ENERGY
MICRONUTRIENT
OUTDOOR
PRIORITY
RHYTHM
WATER

BREAK
DEFENSE
GOAL
NOURISH
PORTION
RESTORE
STAMINA
YOGA

Healthy Habits Word Search

Puzzle-Solution 199

Y	M	B	V	S	W	B	R	M	Q	R	X	P	P	R	D
O	M	I	C	R	O	N	U	T	R	I	E	N	T	E	E
E	D	A	W	R	Y	C	H	E	C	K	L	I	S	T	C
Y	H	Z	T	H	P	R	I	O	R	I	T	Y	K	N	C
B	V	V	L	Y	S	K	J	K	B	K	N	Z	O	G	E
T	H	J	W	T	T	N	S	J	A	H	E	I	N	R	H
L	T	N	D	H	A	M	K	E	E	Q	T	W	O	I	Z
P	Z	G	E	M	M	E	R	E	X	R	E	T	F	U	Z
H	T	Q	F	S	I	B	A	Z	O	L	S	K	H	G	S
C	B	A	E	Q	N	O	N	P	T	E	R	A	T	O	P
W	S	E	N	B	A	J	U	O	R	Y	U	W	B	A	G
U	A	S	S	Z	Y	S	S	T	U	S	W	Y	F	L	K
J	E	T	E	F	B	M	P	V	D	R	Y	W	O	E	N
F	E	N	E	R	G	Y	A	M	I	O	I	F	K	G	K
S	O	M	A	R	J	W	M	B	R	P	O	S	M	H	A
B	A	C	T	I	V	I	T	Y	A	S	T	R	H	H	U

ACTIVITY
CHECKLIST
ENERGY
MICRONUTRIENT
OUTDOOR
PRIORITY
RHYTHM
WATER

BREAK
DEFENSE
GOAL
NOURISH
PORTION
RESTORE
STAMINA
YOGA