

Healthy Habits Word Search

Puzzle 211

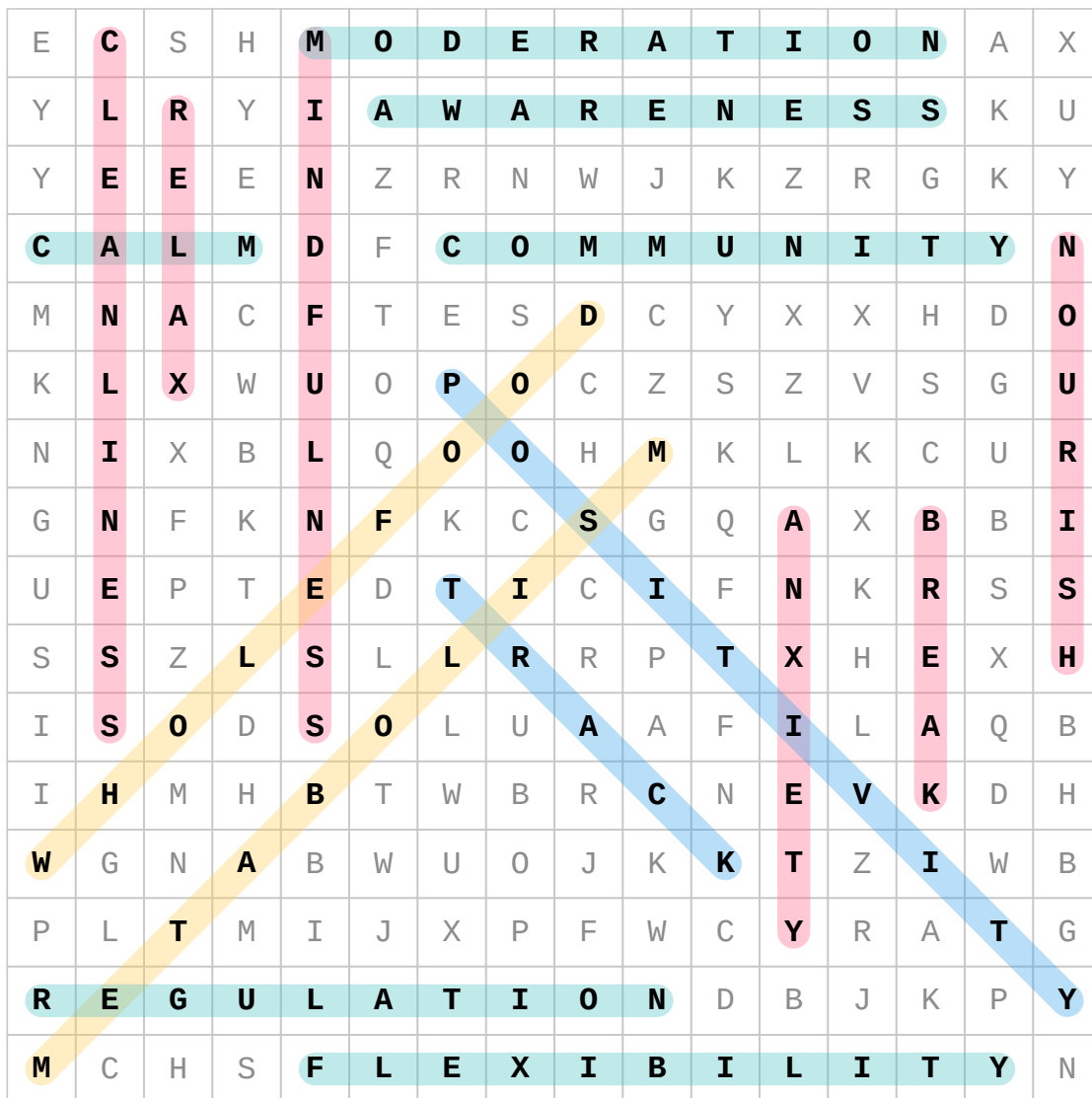
E	C	S	H	M	O	D	E	R	A	T	I	O	N	A	X
Y	L	R	Y	I	A	W	A	R	E	N	E	S	S	K	U
Y	E	E	E	N	Z	R	N	W	J	K	Z	R	G	K	Y
C	A	L	M	D	F	C	O	M	M	U	N	I	T	Y	N
M	N	A	C	F	T	E	S	D	C	Y	X	X	H	D	O
K	L	X	W	U	O	P	O	C	Z	S	Z	V	S	G	U
N	I	X	B	L	Q	O	O	H	M	K	L	K	C	U	R
G	N	F	K	N	F	K	C	S	G	Q	A	X	B	B	I
U	E	P	T	E	D	T	I	C	I	F	N	K	R	S	S
S	S	Z	L	S	L	L	R	R	P	T	X	H	E	X	H
I	S	O	D	S	O	L	U	A	A	F	I	L	A	Q	B
I	H	M	H	B	T	W	B	R	C	N	E	V	K	D	H
W	G	N	A	B	W	U	O	J	K	K	T	Z	I	W	B
P	L	T	M	I	J	X	P	F	W	C	Y	R	A	T	G
R	E	G	U	L	A	T	I	O	N	D	B	J	K	P	Y
M	C	H	S	F	L	E	X	I	B	I	L	I	T	Y	N

**ANXIETY
BREAK
CLEANLINESS
FLEXIBILITY
MINDFULNESS
NOURISH
REGULATION
TRACK**

**AWARENESS
CALM
COMMUNITY
METABOLISM
MODERATION
POSITIVITY
RELAX
WHOLEFOOD**

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