

Healthy Habits Word Search

Puzzle 216

V	S	E	C	V	Q	C	N	J	Y	F	N	L	P	W	A
O	U	T	D	O	O	R	Z	R	H	R	U	I	R	Q	G
J	A	M	P	Z	A	K	E	E	L	H	T	F	E	P	O
F	M	A	A	M	R	V	U	S	Z	L	R	E	G	T	O
R	U	G	N	O	O	E	A	G	O	R	I	S	U	H	M
F	O	E	C	C	Q	D	S	C	E	C	T	T	L	A	E
Y	M	H	E	M	Y	X	E	I	O	T	I	Y	A	N	T
E	Y	R	O	L	E	Z	D	R	L	O	O	L	T	K	A
L	D	T	E	N	S	I	O	N	A	I	N	E	I	F	B
Z	M	C	S	E	L	N	F	P	Y	T	E	J	O	U	O
B	T	W	B	T	Q	B	P	N	F	Z	I	N	N	L	L
G	E	O	P	R	O	T	E	I	N	S	E	O	C	U	I
A	P	R	O	T	E	C	T	I	O	N	S	A	N	E	S
V	L	D	T	M	H	Y	G	I	E	N	E	X	K	Z	M
N	I	E	F	L	E	X	I	B	I	L	I	T	Y	D	F
J	A	R	C	W	W	Z	R	E	C	L	X	G	F	O	X

**FLEXIBILITY
LIFESTYLE
MODERATION
ORDER
PROTECTION
RECOVERY
RESILIENCE
THANKFUL**

**HYGIENE
METABOLISM
NUTRITION
OUTDOOR
PROTEIN
REGULATION
TENSION
YOGA**

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Puzzle-Solution 216

V	S	E	C	V	Q	C	N	J	Y	F	N	L	P	W	A
O	U	T	D	O	O	R	Z	R	H	R	U	I	R	Q	G
J	A	M	P	Z	A	K	E	E	L	H	T	F	E	P	O
F	M	A	A	M	R	V	U	S	Z	L	R	E	G	T	O
R	U	G	N	O	O	E	A	G	O	R	I	S	U	H	M
F	O	E	C	C	Q	D	S	C	E	C	T	T	L	A	E
Y	M	H	E	M	Y	X	E	I	O	T	I	Y	A	N	T
E	Y	R	O	L	E	Z	D	R	L	O	O	L	T	K	A
L	D	T	E	N	S	I	O	N	A	I	N	E	I	F	B
Z	M	C	S	E	L	N	F	P	Y	T	E	J	O	U	O
B	T	W	B	T	Q	B	P	N	F	Z	I	N	N	L	L
G	E	O	P	R	O	T	E	I	N	S	E	O	C	U	I
A	P	R	O	T	E	C	T	I	O	N	S	A	N	E	S
V	L	D	T	M	H	Y	G	I	E	N	E	X	K	Z	M
N	I	E	F	L	E	X	I	B	I	L	I	T	Y	D	F
J	A	R	C	W	W	Z	R	E	C	L	X	G	F	O	X

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