

# Healthy Habits Word Search

## Puzzle 236

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Z | E | X | M | O | D | E | R | A | T | I | O | N | K | Y | I |
| E | W | E | A | Z | C | O | N | N | E | C | T | I | O | N | C |
| M | E | I | P | R | E | S | T | Q | K | S | Y | V | V | E | E |
| V | I | R | O | J | Q | R | D | M | N | T | U | Q | Z | A | M |
| D | Z | P | S | Y | F | D | E | J | Z | K | I | I | K | S | G |
| I | D | O | I | I | W | L | B | E | L | O | N | G | I | K | N |
| S | P | A | T | O | G | C | E | K | M | A | B | L | V | O | U |
| C | A | R | I | H | U | L | J | X | G | I | O | R | I | G | E |
| I | U | E | V | Y | A | J | J | R | I | B | D | T | E | S | G |
| P | S | C | I | D | N | A | O | K | A | B | A | I | A | A | F |
| L | E | H | T | R | X | P | F | T | Q | T | I | E | A | B | K |
| I | H | A | Y | A | I | E | E | Z | I | R | R | L | V | D | Q |
| N | R | R | F | T | E | M | S | N | H | Y | Z | M | I | V | Y |
| E | V | G | S | I | T | O | A | P | F | L | L | J | X | T | M |
| E | M | E | E | O | Y | S | L | O | F | Q | R | M | A | D | Y |
| T | T | M | Z | N | S | G | J | I | R | B | W | C | P | D | F |

**ANXIETY  
BREAK  
DISCIPLINE  
FLEXIBILITY  
METABOLISM  
ORGANIZE  
POSITIVITY  
REST**

**BELONG  
CONNECTION  
EASE  
HYDRATION  
MODERATION  
PAUSE  
RECHARGE  
SANITATION**

# Healthy Habits Word Search

## Puzzle-Solution 236

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Z | E | X | M | O | D | E | R | A | T | I | O | N | K | Y | I |
| E | W | E | A | Z | C | O | N | N | E | C | T | I | O | N | C |
| M | E | I | P | R | E | S | T | Q | K | S | Y | V | V | E | E |
| V | I | R | O | J | Q | R | D | M | N | T | U | Q | Z | A | M |
| D | Z | P | S | Y | F | D | E | J | Z | K | I | I | K | S | G |
| I | D | O | I | I | W | L | B | E | L | O | N | G | I | K | N |
| S | P | A | T | O | G | C | E | K | M | A | B | L | V | O | U |
| C | A | R | I | H | U | L | J | X | G | I | O | R | I | G | E |
| I | U | E | V | Y | A | J | J | R | I | B | D | T | E | S | G |
| P | S | C | I | D | N | A | O | K | A | B | A | I | A | A | F |
| L | E | H | T | R | X | P | F | T | Q | T | I | E | A | B | K |
| I | H | A | Y | A | I | E | E | Z | I | R | R | L | V | D | Q |
| N | R | R | F | T | E | M | S | N | H | Y | Z | M | I | V | Y |
| E | V | G | S | I | T | O | A | P | F | L | L | J | X | T | M |
| E | M | E | E | O | Y | S | L | O | F | Q | R | M | A | D | Y |
| T | T | M | Z | N | S | G | J | I | R | B | W | C | P | D | F |

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