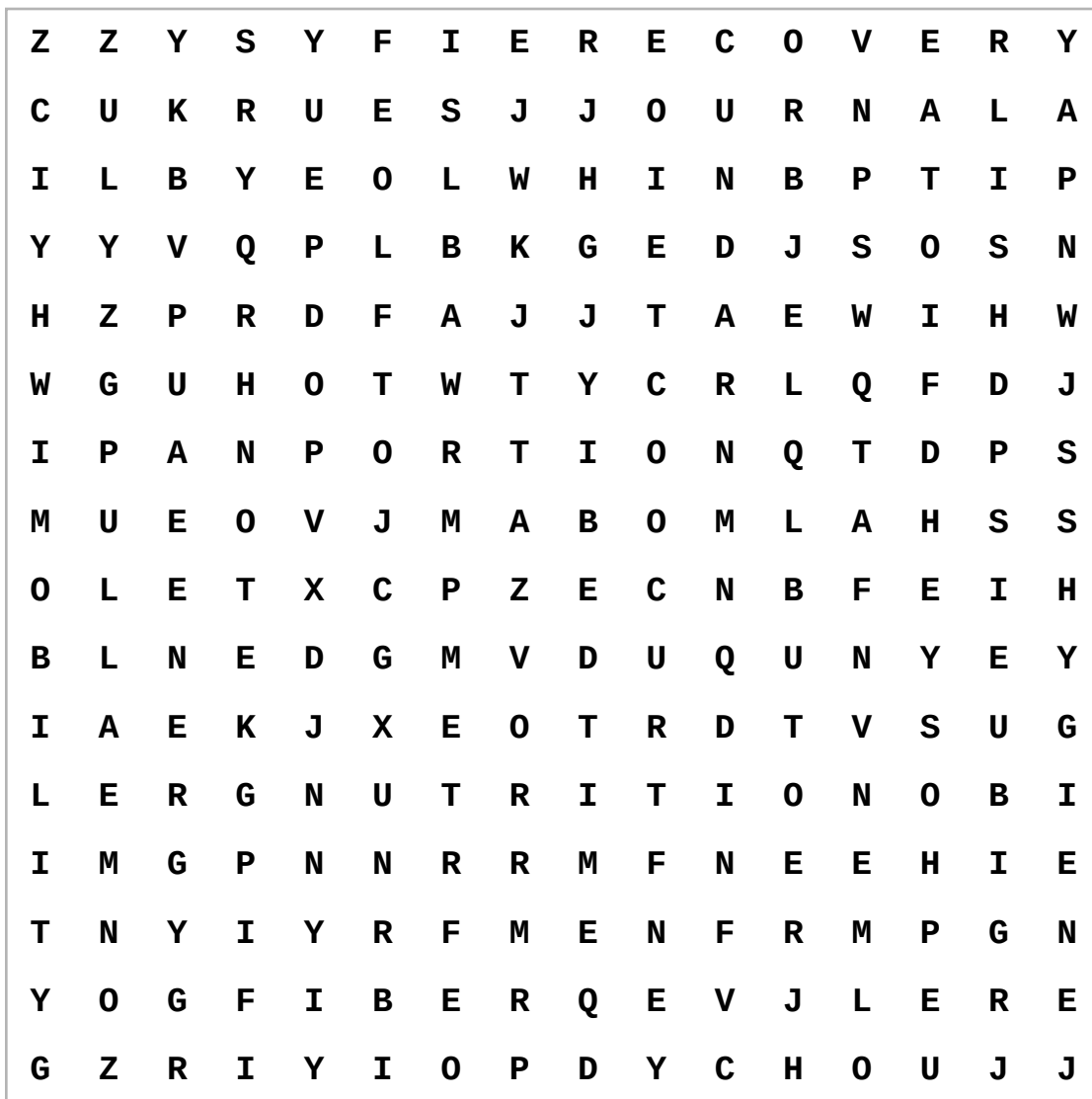


# Healthy Habits Word Search

## Puzzle 285

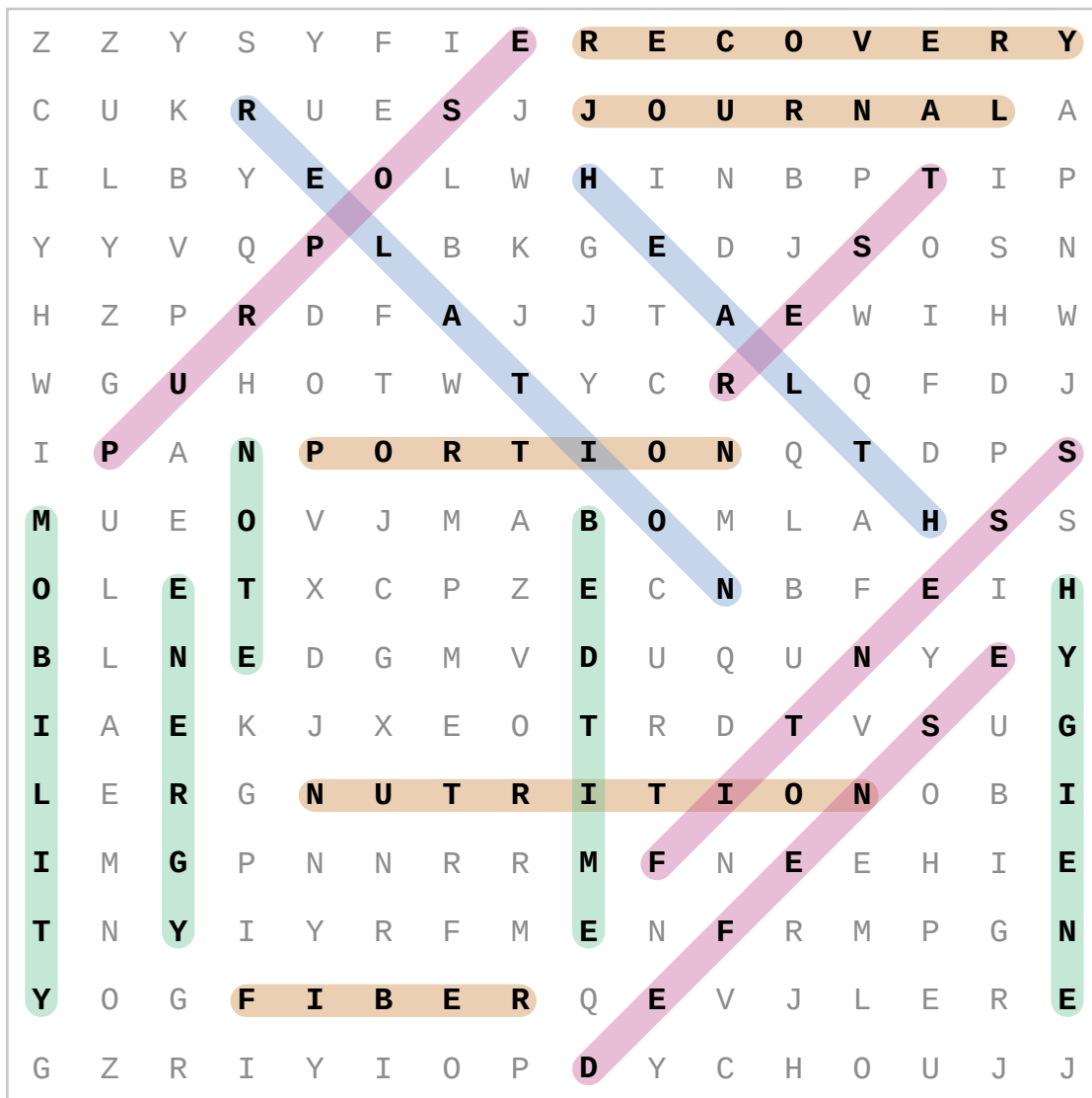


BEDTIME  
ENERGY  
FITNESS  
HYGIENE  
MOBILITY  
NUTRITION  
PURPOSE  
RELATION

DEFENSE  
FIBER  
HEALTH  
JOURNAL  
NOTE  
PORTION  
RECOVERY  
REST

# Healthy Habits Word Search

## Puzzle-Solution 285



**BEDTIME**  
**ENERGY**  
**FITNESS**  
**HYGIENE**  
**MOBILITY**  
**NUTRITION**  
**PURPOSE**  
**RELATION**

**DEFENSE**  
**FIBER**  
**HEALTH**  
**JOURNAL**  
**NOTE**  
**PORTION**  
**RECOVERY**  
**REST**