

# Healthy Habits Word Search

## Puzzle 80

P	R	E	S	S	U	R	E	T	A	Y	Z	J	D	X	S
B	O	I	L	B	O	L	E	S	W	R	L	W	E	H	T
T	U	U	Q	G	V	X	S	L	Y	D	V	E	P	Y	H
E	T	O	L	E	L	E	V	Q	A	P	A	I	R	K	A
N	D	F	J	Y	N	N	R	Y	S	X	A	S	E	Q	N
S	O	E	I	M	P	U	G	S	G	O	E	I	S	K	K
I	O	O	L	D	I	R	E	C	T	I	O	N	E	D	F
O	R	A	L	C	O	N	T	E	N	T	M	E	N	T	U
N	C	N	U	I	E	R	B	H	Z	G	M	K	C	S	L
M	H	C	U	R	F	B	E	O	H	H	T	Q	E	U	R
Q	Z	O	A	W	F	E	A	C	U	M	A	J	K	P	C
F	Y	W	R	W	T	I	S	G	O	N	N	M	E	P	B
J	A	U	I	I	F	K	J	T	H	V	D	D	D	O	G
I	U	K	H	N	U	B	K	G	Y	A	E	A	P	R	N
R	E	F	L	E	C	T	I	O	N	L	K	R	R	T	C
M	E	T	A	B	O	L	I	S	M	Z	E	R	Y	Y	I

**AWARENESS  
CALMNESS  
DIRECTION  
METABOLISM  
PRESENCE  
RECOVERY  
RELAX  
TENSION**

**BOUNDARY  
CONTENTMENT  
LIFESTYLE  
OUTDOOR  
PRESSURE  
REFLECTION  
SUPPORT  
THANKFUL**

# Healthy Habits Word Search

## Puzzle-Solution 80

P	R	E	S	S	U	R	E	T	A	Y	Z	J	D	X	S
B	O	I	L	B	O	L	E	S	W	R	L	W	E	H	T
T	U	U	Q	G	V	X	S	L	Y	D	V	E	P	Y	H
E	T	O	L	E	L	E	V	Q	A	P	A	I	R	K	A
N	D	F	J	Y	N	N	R	Y	S	X	A	S	E	Q	N
S	O	E	I	M	P	U	G	S	G	O	E	I	S	K	K
I	O	O	L	D	I	R	E	C	T	I	O	N	E	D	F
O	R	A	L	C	O	N	T	E	N	T	M	E	N	T	U
N	C	N	U	I	E	R	B	H	Z	G	M	K	C	S	L
M	H	C	U	R	F	B	E	O	H	H	T	Q	E	U	R
Q	Z	O	A	W	F	E	A	C	U	M	A	J	K	P	C
F	Y	W	R	W	T	I	S	G	O	N	N	M	E	P	B
J	A	U	I	I	F	K	J	T	H	V	D	D	D	O	G
I	U	K	H	N	U	B	K	G	Y	A	E	A	P	R	N
R	E	F	L	E	C	T	I	O	N	L	K	R	R	T	C
M	E	T	A	B	O	L	I	S	M	Z	E	R	Y	Y	I

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