

# Mental Health Word Search

## Puzzle 118

T	A	M	F	C	P	U	B	Y	X	E	J	C	G	R	E
Y	F	C	C	I	N	M	E	M	B	A	R	R	A	S	S
C	O	M	F	O	R	T	Q	I	O	S	D	K	U	G	X
Q	H	O	I	N	D	S	D	E	Z	E	X	S	N	J	S
A	R	E	L	I	E	F	K	R	X	D	S	Z	L	Y	L
F	A	D	V	A	N	C	E	E	A	E	R	S	B	H	O
F	I	H	H	K	M	W	K	S	N	M	V	E	F	M	W
I	O	Z	O	A	R	X	D	T	Q	L	R	T	A	E	D
R	U	E	J	S	F	B	H	O	A	I	G	K	X	D	O
M	M	D	N	E	T	G	G	R	I	S	N	M	L	I	W
A	D	U	I	E	I	I	S	A	T	F	O	B	T	T	N
T	I	R	T	L	R	O	L	T	N	D	M	W	P	A	K
I	G	Q	T	C	F	G	F	I	M	N	K	F	J	T	X
O	M	A	N	T	R	A	Y	O	T	A	D	F	K	I	D
N	Y	A	N	T	K	G	K	N	L	Y	B	T	I	O	C
R	E	N	E	W	A	L	A	L	L	D	A	U	K	N	M

**ADVANCE  
COMFORT  
EASE  
ENERGY  
HOSTILITY  
MANTRA  
RELIEF  
RESTORATION**

**AFFIRMATION  
DREAD  
EMBARRASS  
GRIEF  
LIGHTNESS  
MEDITATION  
RENEWAL  
SLOWDOWN**

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## Puzzle-Solution 118

T	A	M	F	C	P	U	B	Y	X	E	J	C	G	R	E
Y	F	C	C	I	N	M	E	M	B	A	R	R	A	S	S
C	O	M	F	O	R	T	Q	I	O	S	D	K	U	G	X
Q	H	O	I	N	D	S	D	E	Z	E	X	S	N	J	S
A	R	E	L	I	E	F	K	R	X	D	S	Z	L	Y	L
F	A	D	V	A	N	C	E	E	A	E	R	S	B	H	O
F	I	H	H	K	M	W	K	S	N	M	V	E	F	M	W
I	O	Z	O	A	R	X	D	T	Q	L	R	T	A	E	D
R	U	E	J	S	F	B	H	O	A	I	G	K	X	D	O
M	M	D	N	E	T	G	G	R	I	S	N	M	L	I	W
A	D	U	I	E	I	I	S	A	T	F	O	B	T	T	N
T	I	R	T	L	R	O	L	T	N	D	M	W	P	A	K
I	G	Q	T	C	F	G	F	I	M	N	K	F	J	T	X
O	M	A	N	T	R	A	Y	O	T	A	D	F	K	I	D
N	Y	A	N	T	K	G	K	N	L	Y	B	T	I	O	C
R	E	N	E	W	A	L	A	L	L	D	A	U	K	N	M

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