

Mental Health Word Search

Puzzle 123

S	G	D	T	G	H	W	G	K	N	R	N	L	U	H	V
L	O	G	E	D	P	I	N	O	U	O	J	T	N	S	G
O	X	H	R	A	G	E	I	H	I	G	N	W	C	C	C
W	G	R	O	Y	F	T	C	T	U	E	T	E	E	C	D
D	D	V	T	K	A	F	A	C	M	I	X	L	R	F	F
O	S	F	K	T	F	R	I	T	B	V	Z	L	T	N	O
W	Q	L	P	T	O	O	S	R	X	I	M	N	A	I	R
N	O	A	I	T	G	U	R	A	M	O	P	E	I	W	G
D	D	M	S	E	J	Z	D	T	C	A	R	S	N	L	I
A	I	E	V	D	E	S	P	A	I	R	T	S	T	Q	V
L	R	Z	A	P	L	L	R	S	B	T	R	I	Y	X	E
A	P	E	R	P	L	E	X	I	T	Y	U	Z	O	S	N
W	E	I	R	R	I	T	A	T	I	O	N	D	Q	N	E
E	X	P	R	E	S	S	I	O	N	U	L	K	E	H	S
C	L	Y	X	S	E	C	U	R	I	T	Y	K	R	A	S
F	O	Y	Y	Z	U	H	O	P	T	I	M	I	S	M	V

**ADAPTATION
AFFIRMATION
EXPRESSION
FORTITUDE
LIMIT
PERPLEXITY
SECURITY
UNCERTAINTY**

**ADJUSTMENT
DESPAIR
FORGIVENESS
IRRITATION
OPTIMISM
RESTORATION
SLOWDOWN
WELLNESS**

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Puzzle-Solution 123

S	G	D	T	G	H	W	G	K	N	R	N	L	U	H	V
L	O	G	E	D	P	I	N	O	U	O	J	T	N	S	G
O	X	H	R	A	G	E	I	H	I	G	N	W	C	C	C
W	G	R	O	Y	F	T	C	T	U	E	T	E	E	C	D
D	D	V	T	K	A	F	A	C	M	I	X	L	R	F	F
O	S	F	K	T	F	R	I	T	B	V	Z	L	T	N	O
W	Q	L	P	T	O	O	S	R	X	I	M	N	A	I	R
N	O	A	I	T	G	U	R	A	M	O	P	E	I	W	G
D	D	M	S	E	J	Z	D	T	C	A	R	S	N	L	I
A	I	E	V	D	E	S	P	A	I	R	T	S	T	Q	V
L	R	Z	A	P	L	L	R	S	B	T	R	I	Y	X	E
A	P	E	R	P	L	E	X	I	T	Y	U	Z	O	S	N
W	E	I	R	R	I	T	A	T	I	O	N	D	Q	N	E
E	X	P	R	E	S	S	I	O	N	U	L	K	E	H	S
C	L	Y	X	S	E	C	U	R	I	T	Y	K	R	A	S
F	O	Y	Y	Z	U	H	O	P	T	I	M	I	S	M	V

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