

Mental Health Word Search

Puzzle 144

A	E	U	R	O	U	N	B	U	R	D	E	N	W	M	G
F	I	N	H	E	X	A	S	P	I	R	A	T	I	O	N
F	R	N	D	D	S	Z	D	U	J	V	L	O	O	Y	R
E	J	I	J	R	R	T	J	A	Z	Z	L	B	R	E	F
C	Z	P	A	N	P	G	O	I	P	A	Z	L	E	X	N
T	R	O	V	H	A	U	D	R	F	T	C	B	S	O	M
I	A	D	O	U	B	T	E	A	E	Y	A	S	I	X	N
O	S	T	K	N	V	M	L	E	T	X	E	T	L	O	N
N	S	S	W	O	D	J	I	H	L	N	C	G	I	B	K
S	U	P	P	O	R	T	G	O	E	E	V	T	E	O	V
D	R	G	W	A	W	I	H	L	R	O	A	M	N	E	N
M	A	E	F	Z	S	H	T	I	W	L	H	K	C	Z	A
U	N	M	H	N	L	N	D	L	U	Y	B	Z	E	G	J
H	C	O	I	A	E	L	O	G	L	B	L	I	S	S	L
H	E	Q	W	G	T	X	E	G	D	D	Q	V	P	F	G
U	O	M	A	N	T	R	A	W	Y	U	L	W	B	A	F

**ADAPTATION
ASPIRATION
BLISS
DIRECTION
GENTLENESS
MANTRA
RESILIENCE
SUPPORT**

**AFFECTION
ASSURANCE
DELIGHT
DOUBT
INSIGHT
REGULATION
RESTORE
UNBURDEN**

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Puzzle-Solution 144

A	E	U	R	O	U	N	B	U	R	D	E	N	W	M	G
F	I	N	H	E	X	A	S	P	I	R	A	T	I	O	N
F	R	N	D	D	S	Z	D	U	J	V	L	O	O	Y	R
E	J	I	J	R	R	T	J	A	Z	Z	L	B	R	E	F
C	Z	P	A	N	P	G	O	I	P	A	Z	L	E	X	N
T	R	O	V	H	A	U	D	R	F	T	C	B	S	O	M
I	A	D	O	U	B	T	E	A	E	Y	A	S	I	X	N
O	S	T	K	N	V	M	L	E	T	X	E	T	L	O	N
N	S	S	W	O	D	J	I	H	L	N	C	G	I	B	K
S	U	P	P	O	R	T	G	O	E	E	V	T	E	O	V
D	R	G	W	A	W	I	H	L	R	O	A	M	N	E	N
M	A	E	F	Z	S	H	T	I	W	L	H	K	C	Z	A
U	N	M	H	N	L	N	D	L	U	Y	B	Z	E	G	J
H	C	O	I	A	E	L	O	G	L	B	L	I	S	S	L
H	E	Q	W	G	T	X	E	G	D	D	Q	V	P	F	G
U	O	M	A	N	T	R	A	W	Y	U	L	W	B	A	F

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