

Mental Health Word Search

Puzzle 168

W	R	D	L	W	T	Z	E	J	N	S	W	Q	V	X	H
J	O	E	Q	L	L	Y	B	M	S	M	V	C	P	Z	O
L	B	A	S	G	O	W	X	O	O	Y	W	H	N	N	N
R	S	C	R	T	R	G	P	A	A	T	M	G	I	C	W
E	E	M	M	E	O	P	A	N	I	C	I	W	Z	K	N
L	R	E	G	N	J	R	O	A	I	H	V	O	Q	B	L
A	V	N	X	Y	T	C	E	N	T	E	R	V	N	K	I
X	A	C	Z	P	J	O	K	X	D	O	D	P	V	A	H
A	T	I	R	R	I	T	A	T	I	O	N	H	U	T	L
T	I	M	A	N	T	R	A	N	F	P	Q	K	G	S	Q
I	O	Q	E	I	V	R	A	F	R	R	E	N	B	V	U
O	N	A	H	J	J	E	G	O	U	V	E	Y	O	Q	I
N	F	W	E	M	O	Q	A	G	F	R	I	E	I	M	E
Q	T	G	L	T	D	Y	P	Q	T	M	Y	N	D	U	T
E	B	K	I	N	D	N	E	S	S	U	X	Y	H	O	Z
L	E	M	G	A	E	G	Z	A	N	C	H	O	R	C	M

**ANCHOR
CENTER
FREEDOM
IRRITATION
KINDNESS
OBSERVATION
QUIET
RESTORE**

**ANGER
EMOTIONAL
FURY
JOY
MANTRA
PANIC
RELAXATION
STRENGTH**

Mental Health Word Search

Puzzle-Solution 168

W	R	D	L	W	T	Z	E	J	N	S	W	Q	V	X	H
J	O	E	Q	L	L	Y	B	M	S	M	V	C	P	Z	O
L	B	A	S	G	O	W	X	O	O	Y	W	H	N	N	N
R	S	C	R	T	R	G	P	A	A	T	M	G	I	C	W
E	E	M	M	E	O	P	A	N	I	C	I	W	Z	K	N
L	R	E	G	N	J	R	O	A	I	H	V	O	Q	B	L
A	V	N	X	Y	T	C	E	N	T	E	R	V	N	K	I
X	A	C	Z	P	J	O	K	X	D	O	D	P	V	A	H
A	T	I	R	R	I	T	A	T	I	O	N	H	U	T	L
T	I	M	A	N	T	R	A	N	F	P	Q	K	G	S	Q
I	O	Q	E	I	V	R	A	F	R	R	E	N	B	V	U
O	N	A	H	J	J	E	G	O	U	V	E	Y	O	Q	I
N	F	W	E	M	O	Q	A	G	F	R	I	E	I	M	E
Q	T	G	L	T	D	Y	P	Q	T	M	Y	N	D	U	T
E	B	K	I	N	D	N	E	S	S	U	X	Y	H	O	Z
L	E	M	G	A	E	G	Z	A	N	C	H	O	R	C	M

**ANCHOR
CENTER
FREEDOM
IRRITATION
KINDNESS
OBSERVATION
QUIET
RESTORE**

**ANGER
EMOTIONAL
FURY
JOY
MANTRA
PANIC
RELAXATION
STRENGTH**