

# Mental Health Word Search

## Puzzle 169

C	R	Y	K	A	O	B	S	E	R	V	A	T	I	O	N
R	C	O	F	Q	W	S	S	O	R	R	O	W	I	Y	Y
O	P	U	R	E	G	U	L	A	T	I	O	N	J	T	J
G	P	E	B	R	F	F	O	T	Y	Q	K	T	E	G	B
A	K	L	Q	W	E	L	L	N	E	S	S	I	Y	O	K
M	P	W	V	U	S	F	X	M	E	B	X	T	B	A	L
R	I	P	L	T	I	I	L	X	A	N	K	D	E	L	Y
E	M	N	R	E	V	L	L	E	A	E	M	K	L	G	I
L	T	A	D	E	L	S	I	S	C	O	Y	D	O	U	N
E	I	D	B	F	H	A	S	B	K	T	B	L	N	I	S
A	D	F	M	Y	U	E	T	R	R	S	I	L	G	D	I
S	H	B	B	O	N	L	N	I	A	I	M	O	R	A	G
E	L	D	Y	M	V	F	N	S	O	L	U	V	N	N	H
A	Q	U	L	E	E	E	C	E	I	N	B	M	V	C	T
D	L	A	B	G	C	Y	M	I	S	O	W	M	Y	E	L
K	C	T	C	U	T	D	R	S	P	S	N	G	E	C	X

**ANXIETY  
BELONG  
ELATION  
GOAL  
INSIGHT  
OBSERVATION  
REGULATION  
SORROW**

**APPREHENSION  
CALMNESS  
EQUILIBRIUM  
GUIDANCE  
MINDFULNESS  
REFLECTION  
RELEASE  
WELLNESS**

# Mental Health Word Search

## Puzzle-Solution 169

C	R	Y	K	A	O	B	S	E	R	V	A	T	I	O	N
R	C	O	F	Q	W	S	S	O	R	R	O	W	I	Y	Y
O	P	U	R	E	G	U	L	A	T	I	O	N	J	T	J
G	P	E	B	R	F	F	O	T	Y	Q	K	T	E	G	B
A	K	L	Q	W	E	L	L	N	E	S	S	I	Y	O	K
M	P	W	V	U	S	F	X	M	E	B	X	T	B	A	L
R	I	P	L	T	I	I	L	X	A	N	K	D	E	L	Y
E	M	N	R	E	V	L	L	E	A	E	M	K	L	G	I
L	T	A	D	E	L	S	I	S	C	O	Y	D	O	U	N
E	I	D	B	F	H	A	S	B	K	T	B	L	N	I	S
A	D	F	M	Y	U	E	T	R	R	S	I	L	G	D	I
S	H	B	B	O	N	L	N	I	A	I	M	O	R	A	G
E	L	D	Y	M	V	F	N	S	O	L	U	V	N	N	H
A	Q	U	L	E	E	E	C	E	I	N	B	M	V	C	T
D	L	A	B	G	C	Y	M	I	S	O	W	M	Y	E	L
K	C	T	C	U	T	D	R	S	P	S	N	G	E	C	X

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