

# Mental Health Word Search

## Puzzle 183

B	A	C	T	U	P	S	Y	C	H	O	L	O	G	Y	Z
S	W	O	W	A	L	J	B	L	L	K	W	Y	S	K	I
A	A	N	D	J	A	N	U	T	H	E	R	A	P	Y	O
P	R	T	S	K	H	Q	K	U	N	B	U	R	D	E	N
P	E	E	Y	R	E	G	U	L	A	T	I	O	N	E	O
R	N	N	M	E	E	E	T	X	V	I	J	Y	K	R	F
E	E	T	C	O	X	O	A	A	I	X	L	K	S	N	V
H	S	M	D	X	T	E	M	W	T	N	G	S	O	E	E
E	S	E	E	B	F	I	R	W	A	P	E	I	O	C	R
N	O	N	L	H	T	Y	O	C	L	N	T	A	N	Y	V
S	X	T	I	J	Y	E	N	N	I	A	J	A	K	N	Q
I	R	E	G	R	E	T	L	L	T	S	R	G	F	Q	O
O	J	D	H	B	Z	I	E	I	Y	E	E	M	E	H	J
N	U	V	T	W	V	N	G	B	L	Q	E	O	T	I	T
P	A	I	J	O	O	A	Y	O	T	E	N	S	I	O	N
Z	H	L	B	L	G	G	T	R	K	A	W	Z	X	J	W

**AGITATION  
AWARENESS  
DELIGHT  
EXERCISE  
PSYCHOLOGY  
REGULATION  
THERAPY  
UNBURDEN**

**APPREHENSION  
CONTENTMENT  
EMOTION  
LONELINESS  
REGRET  
TENSION  
TOLERANCE  
VITALITY**

# Mental Health Word Search

## Puzzle-Solution 183

B	A	C	T	U	P	S	Y	C	H	O	L	O	G	Y	Z
S	W	O	W	A	L	J	B	L	L	K	W	Y	S	K	I
A	A	N	D	J	A	N	U	T	H	E	R	A	P	Y	O
P	R	T	S	K	H	Q	K	U	N	B	U	R	D	E	N
P	E	E	Y	R	E	G	U	L	A	T	I	O	N	E	O
R	N	N	M	E	E	E	T	X	V	I	J	Y	K	R	F
E	E	T	C	O	X	O	A	A	I	X	L	K	S	N	V
H	S	M	D	X	T	E	M	W	T	N	G	S	O	E	E
E	S	E	E	B	F	I	R	W	A	P	E	I	O	C	R
N	O	N	L	H	T	Y	O	C	L	N	T	A	N	Y	V
S	X	T	I	J	Y	E	N	N	I	A	J	A	K	N	Q
I	R	E	G	R	E	T	L	L	T	S	R	G	F	Q	O
O	J	D	H	B	Z	I	E	I	Y	E	E	M	E	H	J
N	U	V	T	W	V	N	G	B	L	Q	E	O	T	I	T
P	A	I	J	O	O	A	Y	O	T	E	N	S	I	O	N
Z	H	L	B	L	G	G	T	R	K	A	W	Z	X	J	W

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