

Mental Health Word Search

Puzzle 199

A	F	F	I	R	M	A	T	I	O	N	Q	S	J	K	G
Q	S	O	A	M	B	I	V	A	L	E	N	C	E	R	T
C	Z	T	R	S	T	R	E	N	G	T	H	V	J	U	R
S	E	E	A	T	P	E	R	S	P	E	C	T	I	V	E
T	B	S	N	B	I	I	N	A	U	P	C	Y	I	K	F
E	A	O	T	E	I	T	A	V	V	S	F	L	B	T	L
A	L	O	O	J	A	L	U	M	A	F	Q	Y	T	N	E
D	A	T	S	A	K	N	I	D	V	M	M	Z	W	N	C
I	N	H	F	H	K	T	S	T	E	O	T	O	E	P	T
N	C	E	S	J	H	X	N	W	Y	W	D	D	J	S	I
E	E	G	G	G	K	L	U	E	F	W	R	X	H	W	O
S	I	R	I	Q	R	P	P	R	O	U	T	I	N	E	N
S	E	S	R	D	Z	O	W	L	B	K	P	I	D	T	V
C	N	R	I	B	H	G	S	N	V	K	S	T	E	K	C
I	V	D	O	K	E	X	U	W	M	T	I	H	A	Y	S
Z	A	C	C	E	P	T	A	N	C	E	X	X	W	N	M

ACCEPTANCE
AMBIVALENCE
FORTITUDE
INSIGHT
REFLECTION
SLOWDOWN
STABILITY
STRENGTH

AFFIRMATION
BALANCE
HOPE
PERSPECTIVE
ROUTINE
SOOTHE
STEADINESS
UNBURDEN

Mental Health Word Search

Puzzle-Solution 199

A	F	F	I	R	M	A	T	I	O	N	Q	S	J	K	G
Q	S	O	A	M	B	I	V	A	L	E	N	C	E	R	T
C	Z	T	R	S	T	R	E	N	G	T	H	V	J	U	R
S	E	E	A	T	P	E	R	S	P	E	C	T	I	V	E
T	B	S	N	B	I	I	N	A	U	P	C	Y	I	K	F
E	A	O	T	E	I	T	A	V	V	S	F	L	B	T	L
A	L	O	O	J	A	L	U	M	A	F	Q	Y	T	N	E
D	A	T	S	A	K	N	I	D	V	M	M	Z	W	N	C
I	N	H	F	H	K	T	S	T	E	O	T	O	E	P	T
N	C	E	S	J	H	X	N	W	Y	W	D	D	J	S	I
E	E	G	G	G	K	L	U	E	F	W	R	X	H	W	O
S	I	R	I	Q	R	P	P	R	O	U	T	I	N	E	N
S	E	S	R	D	Z	O	W	L	B	K	P	I	D	T	V
C	N	R	I	B	H	G	S	N	V	K	S	T	E	K	C
I	V	D	O	K	E	X	U	W	M	T	I	H	A	Y	S
Z	A	C	C	E	P	T	A	N	C	E	X	X	W	N	M

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