

# Mental Health Word Search

## Puzzle 230

M	C	P	E	R	S	P	E	C	T	I	V	E	K	E	S
V	I	S	U	A	L	I	Z	E	D	B	W	P	Z	L	H
W	Q	H	F	R	E	E	D	O	M	O	I	C	Y	B	C
B	K	K	E	H	R	W	I	J	N	H	U	T	A	K	T
A	F	Z	J	F	V	W	O	O	S	E	I	B	I	E	E
N	P	R	V	S	Z	R	I	N	D	R	K	C	T	E	N
X	Q	M	U	K	L	T	O	U	A	Q	E	T	B	K	D
I	R	G	M	S	A	I	T	L	R	G	I	E	Q	A	E
E	J	T	Y	T	T	I	C	U	G	R	R	W	F	F	R
T	I	L	I	A	T	R	T	M	L	O	Q	E	V	F	N
Y	R	D	L	R	H	B	A	S	Q	U	H	O	P	E	E
G	E	E	O	S	L	N	T	T	A	N	C	M	Z	C	S
M	R	F	A	X	Y	E	M	U	I	D	U	L	X	T	S
D	I	S	C	I	P	L	I	N	E	O	M	Y	P	H	S
C	D	F	J	Y	V	J	R	D	G	E	N	R	K	C	O
L	V	S	H	A	M	E	J	L	X	W	S	U	D	G	K

**AFFECT  
CLARITY  
DOUBT  
FREEDOM  
GROUND  
MEDITATION  
RELATIONSHIP  
TENDERNESS**

**ANXIETY  
DISCIPLINE  
FORTITUDE  
FRUSTRATION  
HOPE  
PERSPECTIVE  
SHAME  
VISUALIZE**

# Mental Health Word Search

## Puzzle-Solution 230

M	C	P	E	R	S	P	E	C	T	I	V	E	K	E	S
V	I	S	U	A	L	I	Z	E	D	B	W	P	Z	L	H
W	Q	H	F	R	E	E	D	O	M	O	I	C	Y	B	C
B	K	K	E	H	R	W	I	J	N	H	U	T	A	K	T
A	F	Z	J	F	V	W	O	O	S	E	I	B	I	E	E
N	P	R	V	S	Z	R	I	N	D	R	K	C	T	E	N
X	Q	M	U	K	L	T	O	U	A	Q	E	T	B	K	D
I	R	G	M	S	A	I	T	L	R	G	I	E	Q	A	E
E	J	T	Y	T	T	I	C	U	G	R	R	W	F	F	R
T	I	L	I	A	T	R	T	M	L	O	Q	E	V	F	N
Y	R	D	L	R	H	B	A	S	Q	U	H	O	P	E	E
G	E	E	O	S	L	N	T	T	A	N	C	M	Z	C	S
M	R	F	A	X	Y	E	M	U	I	D	U	L	X	T	S
D	I	S	C	I	P	L	I	N	E	O	M	Y	P	H	S
C	D	F	J	Y	V	J	R	D	G	E	N	R	K	C	O
L	V	S	H	A	M	E	J	L	X	W	S	U	D	G	K

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