

Mindfulness Word Search

Puzzle 12

Q	W	V	N	K	O	C	A	L	I	G	N	M	E	N	T
O	I	O	Y	L	J	H	W	I	O	D	M	L	K	P	Y
T	H	A	C	H	E	A	R	T	V	E	Z	L	E	U	J
R	R	E	O	B	V	E	K	V	N	J	A	A	N	P	O
C	G	Q	N	J	C	N	F	Q	G	T	V	D	A	O	I
A	J	P	T	A	G	E	N	T	L	E	N	E	S	S	Y
L	C	X	E	S	R	E	L	I	E	F	O	Q	T	H	H
M	Y	P	M	G	Q	I	N	T	E	G	R	I	T	Y	U
N	E	K	P	C	H	I	K	W	C	H	U	A	W	X	Y
E	Z	Q	L	R	C	A	S	N	A	C	P	L	I	P	Y
S	R	N	A	S	V	C	L	H	G	M	V	L	G	J	V
S	V	F	T	G	B	B	T	Q	E	Q	F	O	I	L	H
F	N	H	I	I	R	K	L	O	S	L	U	W	V	S	R
N	W	O	O	R	M	A	M	I	G	O	T	I	B	F	O
D	U	Y	N	F	H	X	C	P	F	F	U	E	E	N	B
J	E	Q	U	A	B	L	E	E	P	E	C	L	R	T	B

**ALIGNMENT
CALMNESS
EMPATHY
GENTLENESS
HEART
LIFE
QUIET
SHELTER**

**ALLOW
CONTEMPLATION
EQUABLE
GRACE
INTEGRITY
PEACE
RELIEF
SOUL**

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Puzzle-Solution 12

Q	W	V	N	K	O	C	A	L	I	G	N	M	E	N	T
O	I	O	Y	L	J	H	W	I	O	D	M	L	K	P	Y
T	H	A	C	H	E	A	R	T	V	E	Z	L	E	U	J
R	R	E	O	B	V	E	K	V	N	J	A	A	N	P	O
C	G	Q	N	J	C	N	F	Q	G	T	V	D	A	O	I
A	J	P	T	A	G	E	N	T	L	E	N	E	S	S	Y
L	C	X	E	S	R	E	L	I	E	F	O	Q	T	H	H
M	Y	P	M	G	Q	I	N	T	E	G	R	I	T	Y	U
N	E	K	P	C	H	I	K	W	C	H	U	A	W	X	Y
E	Z	Q	L	R	C	A	S	N	A	C	P	L	I	P	Y
S	R	N	A	S	V	C	L	H	G	M	V	L	G	J	V
S	V	F	T	G	B	B	T	Q	E	Q	F	O	I	L	H
F	N	H	I	I	R	K	L	O	S	L	U	W	V	S	R
N	W	O	O	R	M	A	M	I	G	O	T	I	B	F	O
D	U	Y	N	F	H	X	C	P	F	F	U	E	E	N	B
J	E	Q	U	A	B	L	E	E	P	E	C	L	R	T	B

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