

Mindfulness Word Search

Puzzle 19

Q	C	N	C	P	I	I	N	T	E	G	R	I	T	Y	S
R	E	L	A	X	N	N	E	O	Z	M	B	F	T	S	M
H	M	N	H	V	T	Z	C	J	A	P	Y	R	E	J	Y
C	E	X	X	A	U	H	E	R	E	V	F	N	N	T	M
Q	N	J	E	J	I	E	Y	U	O	M	D	X	I	F	Z
J	T	W	J	P	T	I	T	D	R	N	D	L	V	Y	R
R	A	E	V	A	I	M	V	S	I	E	I	T	K	A	C
Q	L	K	B	U	O	J	C	K	I	B	A	J	G	R	F
D	J	C	T	S	N	N	B	A	A	A	B	L	D	K	O
A	R	T	Y	E	U	V	R	T	L	S	Q	T	G	I	S
N	S	X	C	I	B	F	S	N	S	M	N	V	S	H	O
Y	R	E	S	T	F	U	L	C	A	E	R	R	O	I	O
I	L	J	R	X	L	Z	F	B	C	P	M	B	Y	X	T
A	J	X	S	E	E	D	X	S	O	I	W	R	M	Q	H
X	I	T	L	F	N	Z	P	R	E	S	E	N	T	H	E
R	U	P	Y	N	M	E	N	T	A	L	I	T	Y	F	D

**CALM
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KINDNESS
MENTALITY
PRESENT
RELAX
SCENT
SOOTHE**

**HERE
INTUITION
MENTAL
PAUSE
REAL
RESTFUL
SERENE
STABILITY**

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Puzzle-Solution 19

Q	C	N	C	P	I	I	N	T	E	G	R	I	T	Y	S
R	E	L	A	X	N	N	E	O	Z	M	B	F	T	S	M
H	M	N	H	V	T	Z	C	J	A	P	Y	R	E	J	Y
C	E	X	X	A	U	H	E	R	E	V	F	N	N	T	M
Q	N	J	E	J	I	E	Y	U	O	M	D	X	I	F	Z
J	T	W	J	P	T	I	T	D	R	N	D	L	V	Y	R
R	A	E	V	A	I	M	V	S	I	E	I	T	K	A	C
Q	L	K	B	U	O	J	C	K	I	B	A	J	G	R	F
D	J	C	T	S	N	N	B	A	A	A	B	L	D	K	O
A	R	T	Y	E	U	V	R	T	L	S	Q	T	G	I	S
N	S	X	C	I	B	F	S	N	S	M	N	V	S	H	O
Y	R	E	S	T	F	U	L	C	A	E	R	R	O	I	O
I	L	J	R	X	L	Z	F	B	C	P	M	B	Y	X	T
A	J	X	S	E	E	D	X	S	O	I	W	R	M	Q	H
X	I	T	L	F	N	Z	P	R	E	S	E	N	T	H	E
R	U	P	Y	N	M	E	N	T	A	L	I	T	Y	F	D

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