

Mindfulness Word Search

Puzzle 20

C	W	G	V	R	O	B	S	E	R	V	A	T	I	O	N
O	J	M	U	F	L	M	B	V	D	D	M	P	I	E	B
M	O	E	Z	N	G	P	U	R	N	B	Z	M	D	J	J
P	A	E	S	J	F	E	L	L	E	L	O	U	M	Q	G
O	L	K	M	P	L	I	N	M	H	A	T	K	C	N	V
S	I	H	F	X	U	S	V	U	O	E	T	D	F	P	D
U	G	W	W	Q	S	I	T	B	I	M	W	H	C	Y	M
R	N	H	N	C	Y	G	F	U	S	N	E	J	F	Q	D
E	Q	A	O	V	W	H	Q	W	T	I	E	N	E	U	G
K	R	Z	R	N	T	T	Y	U	A	W	J	A	T	D	L
T	L	K	B	P	Z	Y	L	D	B	J	A	F	A	Z	L
I	N	T	E	G	R	I	T	Y	I	R	U	S	W	T	Z
H	O	C	V	N	S	W	A	L	L	O	W	A	N	C	E
B	C	H	R	P	O	B	X	F	I	W	F	O	D	C	G
A	J	M	E	N	T	A	L	J	T	O	R	E	L	A	X
U	G	S	E	R	E	N	I	T	Y	Q	U	E	H	C	N

**ACCEPT
ALLOWANCE
COMPOSURE
INTEGRITY
MOMENT
QUIETUDE
SERENITY
STABILITY**

**ALIGN
BREATHFUL
GENUINE
MENTAL
OBSERVATION
RELAX
SIGHT
TRANQUIL**

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Puzzle-Solution 20

C	W	G	V	R	O	B	S	E	R	V	A	T	I	O	N
O	J	M	U	F	L	M	B	V	D	D	M	P	I	E	B
M	O	E	Z	N	G	P	U	R	N	B	Z	M	D	J	J
P	A	E	S	J	F	E	L	L	E	L	O	U	M	Q	G
O	L	K	M	P	L	I	N	M	H	A	T	K	C	N	V
S	I	H	F	X	U	S	V	U	O	E	T	D	F	P	D
U	G	W	W	Q	S	I	T	B	I	M	W	H	C	Y	M
R	N	H	N	C	Y	G	F	U	S	N	E	J	F	Q	D
E	Q	A	O	V	W	H	Q	W	T	I	E	N	E	U	G
K	R	Z	R	N	T	T	Y	U	A	W	J	A	T	D	L
T	L	K	B	P	Z	Y	L	D	B	J	A	F	A	Z	L
I	N	T	E	G	R	I	T	Y	I	R	U	S	W	T	Z
H	O	C	V	N	S	W	A	L	L	O	W	A	N	C	E
B	C	H	R	P	O	B	X	F	I	W	F	O	D	C	G
A	J	M	E	N	T	A	L	J	T	O	R	E	L	A	X
U	G	S	E	R	E	N	I	T	Y	Q	U	E	H	C	N

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