

Mindfulness Word Search

Puzzle 3

L	O	N	Z	L	D	E	P	H	E	Q	N	K	U	J	I
V	Y	I	Z	D	H	A	S	A	K	N	L	H	O	O	W
H	O	N	E	N	E	S	S	I	U	L	U	N	L	B	T
Q	R	P	B	P	T	E	A	Z	G	S	U	E	P	J	Z
A	C	A	B	E	R	F	B	J	I	H	E	O	O	J	F
G	T	O	G	Y	J	U	V	P	U	K	T	S	P	B	R
E	I	T	M	T	Q	L	T	J	D	J	V	R	M	J	M
F	P	O	E	P	K	E	S	M	D	S	A	I	Q	Y	I
D	U	J	Z	N	O	O	B	S	E	R	V	E	R	I	O
W	R	H	D	C	T	S	Y	N	K	I	S	O	R	H	O
I	I	R	X	D	A	I	U	X	X	U	S	D	Q	W	L
S	T	J	G	Y	E	R	O	R	R	N	N	T	Q	R	E
D	Y	L	D	S	Q	F	E	N	E	I	A	I	Q	J	Q
O	I	O	N	U	V	S	O	S	M	R	M	Q	Z	N	S
M	B	E	X	E	M	I	N	D	F	U	L	O	H	X	W
A	S	S	U	P	P	O	R	T	V	Y	S	B	P	H	G

**ATTENTION
CARE
EASEFUL
MINDFUL
ONENESS
PURITY
SENSORY
SUPPORT**

**BODY
COMPOSURE
MIND
OBSERVE
PAUSE
SENSE
SIGHT
WISDOM**

Mindfulness Word Search

Puzzle-Solution 3

L	O	N	Z	L	D	E	P	H	E	Q	N	K	U	J	I
V	Y	I	Z	D	H	A	S	A	K	N	L	H	O	O	W
H	O	N	E	N	E	S	S	I	U	L	U	N	L	B	T
Q	R	P	B	P	T	E	A	Z	G	S	U	E	P	J	Z
A	C	A	B	E	R	F	B	J	I	H	E	O	O	J	F
G	T	O	G	Y	J	U	V	P	U	K	T	S	P	B	R
E	I	T	M	T	Q	L	T	J	D	J	V	R	M	J	M
F	P	O	E	P	K	E	S	M	D	S	A	I	Q	Y	I
D	U	J	Z	N	O	O	B	S	E	R	V	E	R	I	O
W	R	H	D	C	T	S	Y	N	K	I	S	O	R	H	O
I	I	R	X	D	A	I	U	X	X	U	S	D	Q	W	L
S	T	J	G	Y	E	R	O	R	R	N	N	T	Q	R	E
D	Y	L	D	S	Q	F	E	N	E	I	A	I	Q	J	Q
O	I	O	N	U	V	S	O	S	M	R	M	Q	Z	N	S
M	B	E	X	E	M	I	N	D	F	U	L	O	H	X	W
A	S	S	U	P	P	O	R	T	V	Y	S	B	P	H	G

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