

Mindfulness Word Search

Puzzle 34

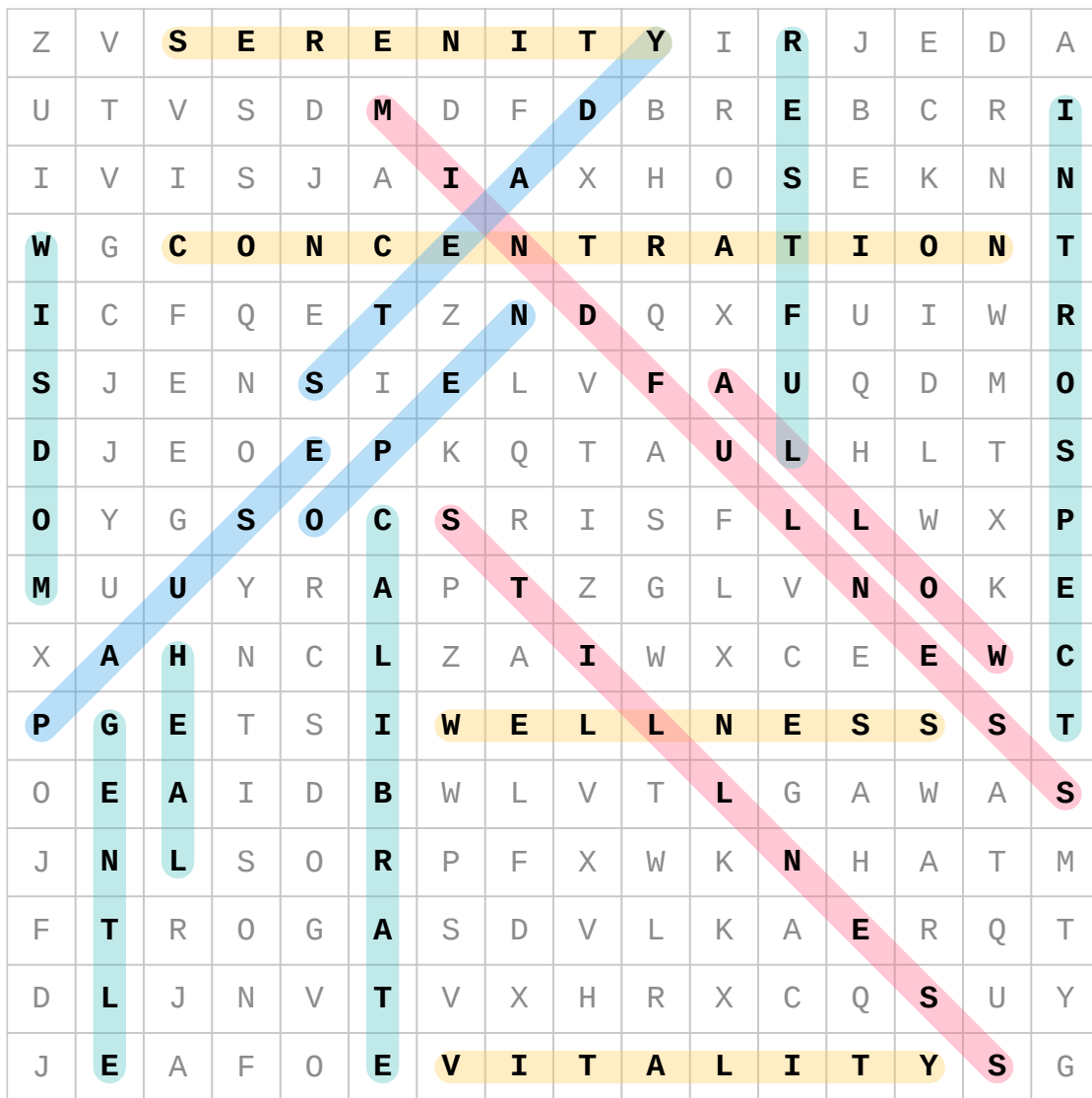
Z	V	S	E	R	E	N	I	T	Y	I	R	J	E	D	A
U	T	V	S	D	M	D	F	D	B	R	E	B	C	R	I
I	V	I	S	J	A	I	A	X	H	O	S	E	K	N	N
W	G	C	O	N	C	E	N	T	R	A	T	I	O	N	T
I	C	F	Q	E	T	Z	N	D	Q	X	F	U	I	W	R
S	J	E	N	S	I	E	L	V	F	A	U	Q	D	M	O
D	J	E	O	E	P	K	Q	T	A	U	L	H	L	T	S
O	Y	G	S	O	C	S	R	I	S	F	L	L	W	X	P
M	U	U	Y	R	A	P	T	Z	G	L	V	N	O	K	E
X	A	H	N	C	L	Z	A	I	W	X	C	E	E	W	C
P	G	E	T	S	I	W	E	L	L	N	E	S	S	S	T
O	E	A	I	D	B	W	L	V	T	L	G	A	W	A	S
J	N	L	S	O	R	P	F	X	W	K	N	H	A	T	M
F	T	R	O	G	A	S	D	V	L	K	A	E	R	Q	T
D	L	J	N	V	T	V	X	H	R	X	C	Q	S	U	Y
J	E	A	F	O	E	V	I	T	A	L	I	T	Y	S	G

ALLOW
CONCENTRATION
HEAL
MINDFULNESS
PAUSE
SERENITY
STILLNESS
WELLNESS

CALIBRATE
GENTLE
INTROSPECT
OPEN
RESTFUL
STEADY
VITALITY
WISDOM

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