

# Mindfulness Word Search

## Puzzle 35

I	G	C	O	N	C	E	N	T	R	A	T	E	H	D	Y
V	C	M	E	E	R	E	S	T	F	U	L	T	I	H	N
K	Z	A	J	A	I	D	P	T	G	S	A	P	T	T	U
V	V	Z	L	X	C	L	M	F	G	E	Q	A	Q	M	N
P	R	S	E	M	M	C	J	V	R	N	P	Y	H	E	I
T	Q	Z	U	M	N	S	E	B	G	M	E	E	K	X	T
Q	J	J	T	O	R	E	N	P	E	C	R	J	Z	S	Y
A	W	A	R	E	E	C	S	O	T	E	Q	G	S	O	A
K	W	O	Y	N	K	U	L	S	T	A	M	E	S	C	I
Y	T	A	E	U	I	R	D	N	H	I	N	K	T	F	N
S	R	R	R	F	N	I	M	I	Z	E	C	C	M	Y	S
A	E	H	H	E	D	T	J	Q	L	L	L	E	E	N	I
S	R	M	O	P	N	Y	H	O	E	Y	D	T	C	K	G
V	Z	S	N	O	E	E	H	O	B	Y	K	U	E	H	H
X	X	R	K	F	S	W	S	T	I	S	S	D	E	R	T
S	Z	P	J	G	S	T	W	S	T	V	Q	J	H	J	O

**ACCEPTANCE**  
**AWARENESS**  
**CALMNESS**  
**EMPATHY**  
**KINDNESS**  
**RESTFUL**  
**SERENE**  
**UNITY**

**AWARE**  
**BREATH**  
**CONCENTRATE**  
**INSIGHT**  
**NOTICE**  
**SECURITY**  
**SHELTER**  
**WHOLENESS**

# Mindfulness Word Search

## Puzzle-Solution 35

I	G	C	O	N	C	E	N	T	R	A	T	E	H	D	Y
V	C	M	E	E	R	E	S	T	F	U	L	T	I	H	N
K	Z	A	J	A	I	D	P	T	G	S	A	P	T	T	U
V	V	Z	L	X	C	L	M	F	G	E	Q	A	Q	M	N
P	R	S	E	M	M	C	J	V	R	N	P	Y	H	E	I
T	Q	Z	U	M	N	S	E	B	G	M	E	E	K	X	T
Q	J	J	T	O	R	E	N	P	E	C	R	J	Z	S	Y
A	W	A	R	E	E	C	S	O	T	E	Q	G	S	O	A
K	W	O	Y	N	K	U	L	S	T	A	M	E	S	C	I
Y	T	A	E	U	I	R	D	N	H	I	N	K	T	F	N
S	R	R	R	F	N	I	M	I	Z	E	C	C	M	Y	S
A	E	H	H	E	D	T	J	Q	L	L	L	E	E	N	I
S	R	M	O	P	N	Y	H	O	E	Y	D	T	C	K	G
V	Z	S	N	O	E	E	H	O	B	Y	K	U	E	H	H
X	X	R	K	F	S	W	S	T	I	S	S	D	E	R	T
S	Z	P	J	G	S	T	W	S	T	V	Q	J	H	J	O

**ACCEPTANCE  
AWARENESS  
CALMNESS  
EMPATHY  
KINDNESS  
RESTFUL  
SERENE  
UNITY**

**AWARE  
BREATH  
CONCENTRATE  
INSIGHT  
NOTICE  
SECURITY  
SHELTER  
WHOLENESS**