

Mindfulness Word Search

Puzzle 51

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|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| P | C | O | N | S | C | I | O | U | S | N | E | S | S | T | Q |
| W | E | C | Z | B | R | E | A | T | H | F | U | L | O | F | B |
| K | T | N | B | U | H | C | K | I | S | F | C | T | B | W | Y |
| S | R | E | J | A | O | P | K | S | F | J | M | P | S | H | P |
| A | A | S | H | L | X | C | C | B | T | C | L | O | E | O | X |
| U | N | U | Z | Z | R | Y | A | S | W | X | S | Z | R | L | W |
| S | Q | R | N | A | T | T | E | N | T | I | O | N | V | E | Q |
| O | U | J | I | W | D | R | C | L | O | W | J | A | A | N | A |
| F | I | A | B | N | F | N | I | W | D | L | O | L | T | E | W |
| T | L | V | N | A | T | U | I | L | E | U | R | I | I | S | A |
| N | I | Z | Q | C | Q | E | A | Y | M | L | N | G | O | S | R |
| E | T | S | D | N | H | Y | N | C | O | Q | L | N | N | K | E |
| S | Y | Y | A | Z | C | O | J | T | P | K | P | N | T | X | N |
| S | E | R | F | R | U | N | R | V | Z | S | T | J | E | D | E |
| R | T | P | E | N | B | I | K | V | U | E | W | F | Z | S | S |
| P | W | M | R | U | A | L | I | G | N | M | E | N | T | Z | S |

**ALIGN
ANCHOR
AWARENESS
CONSCIOUSNESS
MERCY
REST
TRANQUIL
WELLNESS**

**ALIGNMENT
ATTENTION
BREATHFUL
INTENT
OBSERVATION
SOFTNESS
TRANQUILITY
WHOLENESS**

Mindfulness Word Search

Puzzle-Solution 51

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|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| P | C | O | N | S | C | I | O | U | S | N | E | S | S | T | Q |
| W | E | C | Z | B | R | E | A | T | H | F | U | L | O | F | B |
| K | T | N | B | U | H | C | K | I | S | F | C | T | B | W | Y |
| S | R | E | J | A | O | P | K | S | F | J | M | P | S | H | P |
| A | A | S | H | L | X | C | C | B | T | C | L | O | E | O | X |
| U | N | U | Z | Z | R | Y | A | S | W | X | S | Z | R | L | W |
| S | Q | R | N | A | T | T | E | N | T | I | O | N | V | E | Q |
| O | U | J | I | W | D | R | C | L | O | W | J | A | A | N | A |
| F | I | A | B | N | F | N | I | W | D | L | O | L | T | E | W |
| T | L | V | N | A | T | U | I | L | E | U | R | I | I | S | A |
| N | I | Z | Q | C | Q | E | A | Y | M | L | N | G | O | S | R |
| E | T | S | D | N | H | Y | N | C | O | Q | L | N | N | K | E |
| S | Y | Y | A | Z | C | O | J | T | P | K | P | N | T | X | N |
| S | E | R | F | R | U | N | R | V | Z | S | T | J | E | D | E |
| R | T | P | E | N | B | I | K | V | U | E | W | F | Z | S | S |
| P | W | M | R | U | A | L | I | G | N | M | E | N | T | Z | S |

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