

Mindfulness Word Search

Puzzle 53

S	O	C	M	Z	V	M	H	E	P	L	J	T	U	N	Q
E	B	O	N	V	S	M	V	Y	U	X	F	I	Z	U	U
N	S	M	A	B	L	N	E	F	E	O	U	D	N	C	G
S	E	F	F	F	Z	L	H	R	S	W	C	B	C	V	N
I	R	O	K	V	B	T	I	P	E	T	Q	C	A	L	M
T	V	R	W	A	A	K	M	S	W	S	Z	G	B	X	C
I	A	T	T	E	V	S	N	R	W	Z	T	U	O	K	S
V	T	S	R	M	E	R	C	Y	S	Q	S	F	V	K	E
I	I	B	C	O	M	P	O	S	U	R	E	F	U	A	N
T	O	H	P	N	V	V	C	M	E	N	T	A	L	L	S
Y	N	G	R	A	C	E	F	U	L	Z	C	T	W	L	A
T	T	C	C	M	U	M	V	B	A	V	U	X	Q	S	T
R	L	Q	P	M	G	S	V	Y	L	A	W	I	G	Q	I
C	M	E	W	I	I	C	E	X	E	V	Z	N	T	B	O
A	T	T	E	N	T	I	O	N	R	M	H	B	E	H	N
X	D	G	L	N	H	G	B	P	T	G	N	Q	P	X	Q

**ALERT
BREATHFUL
COMFORT
GRACEFUL
MERCY
PAUSE
SENSATION
SOFT**

**ATTENTION
CALM
COMPOSURE
MENTAL
OBSERVATION
RESTFUL
SENSITIVITY
STABLE**

Mindfulness Word Search

Puzzle-Solution 53

S	O	C	M	Z	V	M	H	E	P	L	J	T	U	N	Q
E	B	O	N	V	S	M	V	Y	U	X	F	I	Z	U	U
N	S	M	A	B	L	N	E	F	E	O	U	D	N	C	G
S	E	F	F	F	Z	L	H	R	S	W	C	B	C	V	N
I	R	O	K	V	B	T	I	P	E	T	Q	C	A	L	M
T	V	R	W	A	A	K	M	S	W	S	Z	G	B	X	C
I	A	T	T	E	V	S	N	R	W	Z	T	U	O	K	S
V	T	S	R	M	E	R	C	Y	S	Q	S	F	V	K	E
I	I	B	C	O	M	P	O	S	U	R	E	F	U	A	N
T	O	H	P	N	V	V	C	M	E	N	T	A	L	L	S
Y	N	G	R	A	C	E	F	U	L	Z	C	T	W	L	A
T	T	C	C	M	U	M	V	B	A	V	U	X	Q	S	T
R	L	Q	P	M	G	S	V	Y	L	A	W	I	G	Q	I
C	M	E	W	I	I	C	E	X	E	V	Z	N	T	B	O
A	T	T	E	N	T	I	O	N	R	M	H	B	E	H	N
X	D	G	L	N	H	G	B	P	T	G	N	Q	P	X	Q

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