

Mindfulness Word Search

Puzzle 54

C	R	B	R	E	A	T	H	F	U	L	O	E	C	F	R
S	E	S	H	Z	M	S	T	J	C	K	A	H	N	I	E
O	C	I	E	U	E	N	T	I	R	H	Y	T	H	M	S
N	E	M	A	D	H	N	X	A	W	I	R	Y	L	O	T
D	P	P	L	O	D	O	U	D	B	O	C	O	O	N	L
T	T	L	T	O	E	Z	Q	H	F	L	Z	W	Z	U	J
G	I	I	H	Q	K	W	Z	M	F	V	E	J	F	V	Y
T	V	C	B	V	D	D	O	L	C	O	K	D	T	E	I
T	E	I	F	R	H	C	Q	U	A	N	N	N	J	Z	B
A	B	T	U	M	E	N	T	A	L	I	T	Y	P	M	S
O	D	Y	B	N	D	A	Y	T	M	C	G	Y	S	B	O
M	R	S	E	N	S	I	T	I	V	I	T	Y	I	R	B
I	S	D	H	A	P	I	L	H	N	N	S	C	G	Q	Y
O	B	S	E	R	V	A	T	I	O	N	S	R	H	J	M
P	B	A	Y	R	M	S	P	X	M	Y	D	Y	T	H	C
G	E	N	T	L	E	N	E	S	S	G	S	L	H	C	N

**BREATH
COMFORT
HEALTH
MINDFUL
ORDER
REST
SENSITIVITY
SIMPLICITY**

**BREATHFUL
GENTLENESS
MENTALITY
OBSERVATION
RECEPTIVE
RHYTHM
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Puzzle-Solution 54

C	R	B	R	E	A	T	H	F	U	L	O	E	C	F	R
S	E	S	H	Z	M	S	T	J	C	K	A	H	N	I	E
O	C	I	E	U	E	N	T	I	R	H	Y	T	H	M	S
N	E	M	A	D	H	N	X	A	W	I	R	Y	L	O	T
D	P	P	L	O	D	O	U	D	B	O	C	O	O	N	L
T	T	L	T	O	E	Z	Q	H	F	L	Z	W	Z	U	J
G	I	I	H	Q	K	W	Z	M	F	V	E	J	F	V	Y
T	V	C	B	V	D	D	O	L	C	O	K	D	T	E	I
T	E	I	F	R	H	C	Q	U	A	N	N	N	J	Z	B
A	B	T	U	M	E	N	T	A	L	I	T	Y	P	M	S
O	D	Y	B	N	D	A	Y	T	M	C	G	Y	S	B	O
M	R	S	E	N	S	I	T	I	V	I	T	Y	I	R	B
I	S	D	H	A	P	I	L	H	N	N	S	C	G	Q	Y
O	B	S	E	R	V	A	T	I	O	N	S	R	H	J	M
P	B	A	Y	R	M	S	P	X	M	Y	D	Y	T	H	C
G	E	N	T	L	E	N	E	S	S	G	S	L	H	C	N

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