

Mindfulness Word Search

Puzzle 55

N	O	W	A	F	S	H	F	H	A	Y	P	N	O	I	M
M	F	S	C	C	M	T	F	T	E	G	O	O	F	D	J
C	E	N	E	P	C	Z	A	R	P	I	G	F	F	A	M
G	K	N	N	T	S	E	T	B	T	K	N	E	L	C	Y
W	R	R	E	S	T	Y	P	C	L	O	L	A	W	C	I
J	G	A	E	Y	O	L	E	T	I	E	D	T	I	E	G
F	F	H	C	J	I	L	E	T	K	A	A	T	T	P	G
P	I	J	C	E	F	E	N	J	B	M	E	E	I	T	C
R	R	K	D	E	F	E	B	S	G	M	T	N	T	A	O
E	S	D	R	B	T	U	H	M	M	Z	S	T	Q	N	M
S	Z	U	W	N	H	D	L	O	S	T	A	I	F	C	P
E	E	I	I	D	R	U	B	D	D	B	T	V	W	E	O
N	X	N	S	C	S	H	Q	U	I	E	T	E	M	T	S
C	Z	N	S	U	Y	C	A	L	I	B	R	A	T	E	U
E	J	C	P	E	B	X	C	D	A	K	P	W	M	Z	R
U	W	Q	F	V	S	V	I	T	A	L	I	T	Y	O	E

**ACCEPT
ATTENTIVE
COMPOSURE
INTENTION
PRESENCE
REFLECTION
SENSE
STABLE**

**ACCEPTANCE
CALIBRATE
GRACEFUL
NOW
QUIET
REST
SETTLE
VITALITY**

Mindfulness Word Search

Puzzle-Solution 55

N	O	W	A	F	S	H	F	H	A	Y	P	N	O	I	M
M	F	S	C	C	M	T	F	T	E	G	O	O	F	D	J
C	E	N	E	P	C	Z	A	R	P	I	G	F	F	A	M
G	K	N	N	T	S	E	T	B	T	K	N	E	L	C	Y
W	R	R	E	S	T	Y	P	C	L	O	L	A	W	C	I
J	G	A	E	Y	O	L	E	T	I	E	D	T	I	E	G
F	F	H	C	J	I	L	E	T	K	A	A	T	T	P	G
P	I	J	C	E	F	E	N	J	B	M	E	E	I	T	C
R	R	K	D	E	F	E	B	S	G	M	T	N	T	A	O
E	S	D	R	B	T	U	H	M	M	Z	S	T	Q	N	M
S	Z	U	W	N	H	D	L	O	S	T	A	I	F	C	P
E	E	I	I	D	R	U	B	D	D	B	T	V	W	E	O
N	X	N	S	C	S	H	Q	U	I	E	T	E	M	T	S
C	Z	N	S	U	Y	C	A	L	I	B	R	A	T	E	U
E	J	C	P	E	B	X	C	D	A	K	P	W	M	Z	R
U	W	Q	F	V	S	V	I	T	A	L	I	T	Y	O	E

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