

# Mindfulness Word Search

## Puzzle 57

N	E	F	A	J	A	T	N	L	A	A	F	F	G	U	C
W	I	T	O	L	E	R	A	N	C	E	N	R	N	X	Q
E	J	T	W	W	Y	P	D	S	J	Q	D	C	V	V	V
C	O	M	P	A	S	S	I	O	N	I	R	N	H	G	E
I	R	W	Q	A	H	F	F	F	S	W	Z	A	F	O	V
K	D	R	H	M	P	G	H	T	O	J	M	U	N	S	R
Y	W	F	E	O	L	R	E	F	U	G	E	K	S	S	V
I	N	S	I	G	H	T	F	U	L	S	H	E	R	U	I
T	C	A	L	I	B	R	A	T	E	F	N	L	E	P	G
G	R	U	S	Y	O	D	C	K	C	E	Z	H	C	P	I
M	M	U	J	E	S	E	C	U	R	I	T	Y	E	O	L
T	E	S	T	C	N	C	L	A	I	O	J	N	P	R	A
B	U	R	D	H	N	S	W	W	O	T	P	H	T	T	N
K	A	I	C	W	F	A	E	S	H	V	P	Q	I	L	T
B	E	X	X	Y	W	U	R	Z	N	L	D	Q	V	O	C
W	D	T	E	E	M	C	L	R	M	K	K	Y	E	N	Q

**ANCHOR  
CALIBRATE  
INSIGHTFUL  
RECEPTIVE  
SECURITY  
SOFT  
SUPPORT  
TRUTHFUL**

**AWARENESS  
COMPASSION  
MERCY  
REFUGE  
SENSE  
SOOTHE  
TOLERANCE  
VIGILANT**

# Mindfulness Word Search

## Puzzle-Solution 57

N	E	F	A	J	A	T	N	L	A	A	F	F	G	U	C
W	I	T	O	L	E	R	A	N	C	E	N	R	N	X	Q
E	J	T	W	W	Y	P	D	S	J	Q	D	C	V	V	V
C	O	M	P	A	S	S	I	O	N	I	R	N	H	G	E
I	R	W	Q	A	H	F	F	F	S	W	Z	A	F	O	V
K	D	R	H	M	P	G	H	T	O	J	M	U	N	S	R
Y	W	F	E	O	L	R	E	F	U	G	E	K	S	S	V
I	N	S	I	G	H	T	F	U	L	S	H	E	R	U	I
T	C	A	L	I	B	R	A	T	E	F	N	L	E	P	G
G	R	U	S	Y	O	D	C	K	C	E	Z	H	C	P	I
M	M	U	J	E	S	E	C	U	R	I	T	Y	E	O	L
T	E	S	T	C	N	C	L	A	I	O	J	N	P	R	A
B	U	R	D	H	N	S	W	W	O	T	P	H	T	T	N
K	A	I	C	W	F	A	E	S	H	V	P	Q	I	L	T
B	E	X	X	Y	W	U	R	Z	N	L	D	Q	V	O	C
W	D	T	E	E	M	C	L	R	M	K	K	Y	E	N	Q

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