

Mindfulness Word Search

Puzzle 59

P	Q	S	E	N	S	I	T	I	V	I	T	Y	B	R	X
W	T	J	C	D	L	N	T	S	I	N	S	I	G	H	T
U	Q	V	O	W	V	B	X	B	T	Y	E	J	A	H	T
H	O	U	J	P	X	R	O	A	A	H	Y	M	P	J	O
P	C	S	I	B	B	E	N	U	Z	P	D	C	X	N	L
L	W	O	E	E	K	A	P	Z	J	G	E	N	T	L	E
U	T	E	M	N	T	T	N	E	B	I	H	U	M	B	R
R	R	R	J	P	S	H	T	U	X	E	E	C	A	N	A
E	O	C	A	Y	A	A	K	Y	R	L	U	B	F	Z	N
L	B	G	W	N	R	S	T	I	L	T	P	G	C	E	C
I	Y	D	Z	B	Q	E	S	I	N	N	U	B	A	F	E
E	N	K	I	S	F	U	Y	I	O	D	I	R	R	I	M
F	C	L	N	A	F	D	I	Z	O	N	N	D	E	P	B
J	A	Y	S	Z	A	D	J	L	D	N	O	E	R	O	O
C	Y	P	X	C	D	L	F	H	H	K	X	V	S	W	Z
R	W	O	A	L	I	G	N	M	E	N	T	U	B	S	F

**ALIGNMENT
CALIBRATE
COMPASSION
INSIGHT
NURTURE
RELIEF
SENSATION
TOLERANCE**

**BREATH
CARE
GENTLE
KINDNESS
QUIET
SAFETY
SENSITIVITY
TRANQUIL**

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Puzzle-Solution 59

P	Q	S	E	N	S	I	T	I	V	I	T	Y	B	R	X
W	T	J	C	D	L	N	T	S	I	N	S	I	G	H	T
U	Q	V	O	W	V	B	X	B	T	Y	E	J	A	H	T
H	O	U	J	P	X	R	O	A	A	H	Y	M	P	J	O
P	C	S	I	B	B	E	N	U	Z	P	D	C	X	N	L
L	W	O	E	E	K	A	P	Z	J	G	E	N	T	L	E
U	T	E	M	N	T	T	N	E	B	I	H	U	M	B	R
R	R	R	J	P	S	H	T	U	X	E	E	C	A	N	A
E	O	C	A	Y	A	A	K	Y	R	L	U	B	F	Z	N
L	B	G	W	N	R	S	T	I	L	T	P	G	C	E	C
I	Y	D	Z	B	Q	E	S	I	N	N	U	B	A	F	E
E	N	K	I	S	F	U	Y	I	O	D	I	R	R	I	M
F	C	L	N	A	F	D	I	Z	O	N	N	D	E	P	B
J	A	Y	S	Z	A	D	J	L	D	N	O	E	R	O	O
C	Y	P	X	C	D	L	F	H	H	K	X	V	S	W	Z
R	W	O	A	L	I	G	N	M	E	N	T	U	B	S	F

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