

# Mindfulness Word Search

## Puzzle 61

C	O	N	T	E	M	P	L	A	T	I	O	N	U	C	C
A	D	S	W	A	T	R	A	N	Q	U	I	L	I	T	Y
P	N	O	H	D	X	Q	T	R	E	L	I	E	F	K	R
M	B	C	Z	K	E	Z	T	S	G	M	C	B	Y	G	E
C	T	E	H	M	G	Q	E	C	U	W	P	K	B	B	C
F	T	I	E	O	F	S	N	H	L	P	V	P	R	F	E
W	B	F	P	F	R	E	T	X	R	A	P	B	N	Y	P
E	I	S	E	C	U	R	I	T	Y	Z	R	O	R	K	T
L	P	Z	N	B	L	E	O	J	M	X	L	I	R	J	I
L	L	J	Q	O	S	N	N	O	H	U	B	F	T	T	V
N	K	A	A	Z	E	E	F	C	F	Q	Z	I	I	Y	E
E	P	D	G	P	N	A	G	E	D	P	I	N	L	O	L
S	B	F	E	J	S	E	C	T	Q	Q	N	U	I	I	B
S	V	L	P	L	E	A	I	D	Q	K	D	F	T	X	Q
C	Y	B	W	V	R	D	V	I	T	A	L	I	T	Y	M
G	N	S	Q	G	Q	A	L	L	O	W	A	N	C	E	N

**ALLOWANCE  
ATTENTION  
CONTEMPLATION  
LIFE  
RELIEF  
SENSE  
SUPPORT  
VITALITY**

**ANCHOR  
CLARITY  
GRACEFUL  
RECEPTIVE  
SECURITY  
SERENE  
TRANQUILITY  
WELLNESS**

# Mindfulness Word Search

## Puzzle-Solution 61

C	O	N	T	E	M	P	L	A	T	I	O	N	U	C	C
A	D	S	W	A	T	R	A	N	Q	U	I	L	I	T	Y
P	N	O	H	D	X	Q	T	R	E	L	I	E	F	K	R
M	B	C	Z	K	E	Z	T	S	G	M	C	B	Y	G	E
C	T	E	H	M	G	Q	E	C	U	W	P	K	B	B	C
F	T	I	E	O	F	S	N	H	L	P	V	P	R	F	E
W	B	F	P	F	R	E	T	X	R	A	P	B	N	Y	P
E	I	S	E	C	U	R	I	T	Y	Z	R	O	R	K	T
L	P	Z	N	B	L	E	O	J	M	X	L	I	R	J	I
L	L	J	Q	O	S	N	N	O	H	U	B	F	T	T	V
N	K	A	A	Z	E	E	F	C	F	Q	Z	I	I	Y	E
E	P	D	G	P	N	A	G	E	D	P	I	N	L	O	L
S	B	F	E	J	S	E	C	T	Q	Q	N	U	I	I	B
S	V	L	P	L	E	A	I	D	Q	K	D	F	T	X	Q
C	Y	B	W	V	R	D	V	I	T	A	L	I	T	Y	M
G	N	S	Q	G	Q	A	L	L	O	W	A	N	C	E	N

**ALLOWANCE**  
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