

# Mindfulness Word Search

## Puzzle 73

N	B	D	P	U	Y	C	S	P	O	W	G	S	Z	L	D
V	I	M	B	B	Q	K	E	A	N	S	C	R	L	W	E
I	D	Y	O	V	I	I	R	T	C	B	A	U	A	C	J
R	Q	N	D	F	S	U	E	I	H	T	O	F	Z	E	Q
Z	R	R	Y	G	H	N	N	E	G	S	A	J	E	B	Y
J	R	T	E	C	S	J	I	N	I	P	O	M	N	T	U
W	U	B	U	S	H	U	T	C	I	C	E	U	P	U	Y
C	N	O	H	H	T	P	Y	E	J	V	F	A	N	A	K
W	T	A	C	W	X	F	X	B	A	I	B	K	C	D	C
A	M	M	H	N	J	Z	U	S	I	S	M	E	O	E	N
E	U	O	A	F	O	H	N	L	N	U	R	T	U	R	E
Y	E	Q	U	A	N	I	M	I	T	Y	S	R	Y	Z	E
X	S	K	D	S	L	O	W	N	E	S	S	U	C	F	U
Z	I	N	T	E	N	T	B	X	D	X	K	I	I	Z	U
S	E	N	S	A	T	I	O	N	Y	E	A	L	H	B	H
L	N	D	U	I	N	T	E	N	T	I	O	N	E	I	O

**BODY  
INTENT  
LIFE  
PATIENCE  
RESTFUL  
SENSATION  
SLOWNESS  
SOUND**

**EQUANIMITY  
INTENTION  
NURTURE  
PEACE  
SAFETY  
SERENITY  
SOUL  
TOUCH**

# Mindfulness Word Search

## Puzzle-Solution 73

N	B	D	P	U	Y	C	S	P	O	W	G	S	Z	L	D
V	I	M	B	B	Q	K	E	A	N	S	C	R	L	W	E
I	D	Y	O	V	I	I	R	T	C	B	A	U	A	C	J
R	Q	N	D	F	S	U	E	I	H	T	O	F	Z	E	Q
Z	R	R	Y	G	H	N	N	E	G	S	A	J	E	B	Y
J	R	T	E	C	S	J	I	N	I	P	O	M	N	T	U
W	U	B	U	S	H	U	T	C	I	C	E	U	P	U	Y
C	N	O	H	H	T	P	Y	E	J	V	F	A	N	A	K
W	T	A	C	W	X	F	X	B	A	I	B	K	C	D	C
A	M	M	H	N	J	Z	U	S	I	S	M	E	O	E	N
E	U	O	A	F	O	H	N	L	N	U	R	T	U	R	E
Y	E	Q	U	A	N	I	M	I	T	Y	S	R	Y	Z	E
X	S	K	D	S	L	O	W	N	E	S	S	U	C	F	U
Z	I	N	T	E	N	T	B	X	D	X	K	I	I	Z	U
S	E	N	S	A	T	I	O	N	Y	E	A	L	H	B	H
L	N	D	U	I	N	T	E	N	T	I	O	N	E	I	O

**BODY**  
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