

# Mindfulness Word Search

## Puzzle 76

B	T	L	R	Z	G	E	N	T	L	E	N	E	S	S	C
E	R	I	P	Q	Z	X	M	E	U	O	C	N	F	Q	Q
A	T	F	C	A	L	I	B	R	A	T	E	D	O	I	S
S	Z	E	R	C	T	R	U	T	H	F	U	L	R	O	E
E	X	N	O	E	X	E	D	O	K	O	N	Q	G	E	R
F	Z	K	N	O	W	L	E	D	G	E	Z	D	I	F	E
U	F	K	S	T	A	T	C	X	F	X	E	E	V	F	N
L	B	X	G	R	M	T	Q	T	X	S	O	I	E	O	I
W	I	A	H	L	Z	F	R	A	O	L	D	D	N	R	T
P	X	M	A	L	N	E	S	P	C	N	Q	X	E	T	Y
K	S	M	W	N	L	X	R	S	U	G	G	F	S	L	S
E	T	T	Q	A	C	U	T	O	A	H	P	E	S	E	V
I	C	F	I	Z	P	H	S	B	R	E	A	T	H	S	R
L	A	B	U	L	I	K	O	I	D	Y	F	M	B	S	Q
D	L	X	O	C	L	J	Y	R	W	Q	U	S	R	T	D
Z	M	C	J	L	Y	B	H	K	N	Y	F	U	U	E	J

**ALERT  
BREATH  
CALM  
EFFORTLESS  
GENTLENESS  
LIFE  
SERENITY  
STILL**

**ANCHOR  
CALIBRATE  
EASEFUL  
FORGIVENESS  
KNOWLEDGE  
PURPOSE  
SOUND  
TRUTHFUL**

# Mindfulness Word Search

## Puzzle-Solution 76

B	T	L	R	Z	G	E	N	T	L	E	N	E	S	S	C
E	R	I	P	Q	Z	X	M	E	U	O	C	N	F	Q	Q
A	T	F	C	A	L	I	B	R	A	T	E	D	O	I	S
S	Z	E	R	C	T	R	U	T	H	F	U	L	R	O	E
E	X	N	O	E	X	E	D	O	K	O	N	Q	G	E	R
F	Z	K	N	O	W	L	E	D	G	E	Z	D	I	F	E
U	F	K	S	T	A	T	C	X	F	X	E	E	V	F	N
L	B	X	G	R	M	T	Q	T	X	S	O	I	E	O	I
W	I	A	H	L	Z	F	R	A	O	L	D	D	N	R	T
P	X	M	A	L	N	E	S	P	C	N	Q	X	E	T	Y
K	S	M	W	N	L	X	R	S	U	G	G	F	S	L	S
E	T	T	Q	A	C	U	T	O	A	H	P	E	S	E	V
I	C	F	I	Z	P	H	S	B	R	E	A	T	H	S	R
L	A	B	U	L	I	K	O	I	D	Y	F	M	B	S	Q
D	L	X	O	C	L	J	Y	R	W	Q	U	S	R	T	D
Z	M	C	J	L	Y	B	H	K	N	Y	F	U	U	E	J

**ALERT**  
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