

Mindfulness Word Search

Puzzle 81

M	O	Q	M	O	M	E	N	T	I	Z	Y	S	N	C	R
W	H	F	O	R	G	I	V	E	N	E	S	S	D	Q	J
E	A	E	I	S	E	T	T	L	E	E	Y	T	O	D	K
J	T	R	R	G	P	D	Q	I	N	T	I	W	I	W	S
Y	Z	Y	M	E	E	F	J	D	I	R	U	S	Z	S	S
W	R	D	Q	T	M	C	N	V	I	W	L	J	E	S	S
A	L	W	R	O	H	I	I	P	A	X	R	N	E	A	S
H	L	V	L	I	K	T	S	L	B	U	L	N	R	M	E
V	N	I	E	M	P	A	T	H	Y	L	E	A	C	N	C
B	X	R	G	E	G	M	P	M	E	L	Z	J	O	E	U
K	O	E	C	N	M	B	T	W	O	S	O	U	L	X	R
P	N	E	F	D	M	I	K	H	J	R	X	R	P	H	I
Y	R	Z	D	B	C	E	W	K	Z	O	F	E	C	E	T
V	Y	V	S	Q	O	H	N	T	D	U	C	L	R	X	Y
C	A	L	M	N	E	S	S	T	A	M	R	A	X	R	A
W	X	C	T	I	Y	P	P	C	I	A	G	X	R	J	S

**ALIGNMENT
EMPATHY
HERE
MOMENT
RELAX
SETTLE
SPIRIT
WELLNESS**

**CALMNESS
FORGIVENESS
KINDNESS
RECEPTIVITY
SECURITY
SOUL
WARMTH
WHOLENESS**

Mindfulness Word Search

Puzzle-Solution 81

M	O	Q	M	O	M	E	N	T	I	Z	Y	S	N	C	R
W	H	F	O	R	G	I	V	E	N	E	S	S	D	Q	J
E	A	E	I	S	E	T	T	L	E	E	Y	T	O	D	K
J	T	R	R	G	P	D	Q	I	N	T	I	W	I	W	S
Y	Z	Y	M	E	E	F	J	D	I	R	U	S	Z	S	S
W	R	D	Q	T	M	C	N	V	I	W	L	J	E	S	S
A	L	W	R	O	H	I	I	P	A	X	R	N	E	A	S
H	L	V	L	I	K	T	S	L	B	U	L	N	R	M	E
V	N	I	E	M	P	A	T	H	Y	L	E	A	C	N	C
B	X	R	G	E	G	M	P	M	E	L	Z	J	O	E	U
K	O	E	C	N	M	B	T	W	O	S	O	U	L	X	R
P	N	E	F	D	M	I	K	H	J	R	X	R	P	H	I
Y	R	Z	D	B	C	E	W	K	Z	O	F	E	C	E	T
V	Y	V	S	Q	O	H	N	T	D	U	C	L	R	X	Y
C	A	L	M	N	E	S	S	T	A	M	R	A	X	R	A
W	X	C	T	I	Y	P	P	C	I	A	G	X	R	J	S

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