

Mindfulness Word Search

Puzzle 84

M	H	C	Q	E	V	A	E	T	M	P	T	U	D	K	E
M	M	E	C	O	Z	Y	S	D	C	N	P	L	B	K	K
E	I	Q	R	O	O	E	K	O	E	V	E	Y	F	J	S
R	N	S	Z	H	N	N	S	T	G	C	T	G	J	F	U
C	D	O	V	O	E	S	N	M	N	I	Q	B	J	G	M
Y	F	O	H	Y	U	I	C	A	V	L	X	N	M	H	W
G	U	T	D	S	P	C	W	I	P	J	G	A	T	H	H
K	L	H	O	R	E	O	T	T	O	V	S	Y	Z	Y	N
A	H	E	A	D	L	P	V	O	I	U	H	L	L	H	Q
F	X	J	O	L	E	Y	H	U	T	R	S	A	O	L	D
C	I	S	A	C	H	D	E	A	C	E	Z	N	H	W	B
L	Q	Y	E	U	L	B	H	F	G	L	N	B	E	Q	I
M	T	R	A	N	Q	U	I	L	E	A	S	E	E	S	R
O	V	I	G	I	L	A	N	T	V	X	M	Q	N	T	S
P	M	F	E	Q	U	A	N	I	M	I	T	Y	S	S	K
G	R	L	C	E	B	H	E	A	L	T	H	I	W	K	G

ALLOWANCE

EASE

HEALTH

INTENT

MINDFUL

RELAX

SLOW

TRANQUIL

CONSCIOUSNESS

EQUANIMITY

HONEST

MERCY

RECEPTIVITY

RHYTHM

SOOTHE

VIGILANT

Mindfulness Word Search

Puzzle-Solution 84

M	H	C	Q	E	V	A	E	T	M	P	T	U	D	K	E
M	M	E	C	O	Z	Y	S	D	C	N	P	L	B	K	K
E	I	Q	R	O	O	E	K	O	E	V	E	Y	F	J	S
R	N	S	Z	H	N	N	S	T	G	C	T	G	J	F	U
C	D	O	V	O	E	S	N	M	N	I	Q	B	J	G	M
Y	F	O	H	Y	U	I	C	A	V	L	X	N	M	H	W
G	U	T	D	S	P	C	W	I	P	J	G	A	T	H	H
K	L	H	O	R	E	O	T	T	O	V	S	Y	Z	Y	N
A	H	E	A	D	L	P	V	O	I	U	H	L	L	H	Q
F	X	J	O	L	E	Y	H	U	T	R	S	A	O	L	D
C	I	S	A	C	H	D	E	A	C	E	Z	N	H	W	B
L	Q	Y	E	U	L	B	H	F	G	L	N	B	E	Q	I
M	T	R	A	N	Q	U	I	L	E	A	S	E	E	S	R
O	V	I	G	I	L	A	N	T	V	X	M	Q	N	T	S
P	M	F	E	Q	U	A	N	I	M	I	T	Y	S	S	K
G	R	L	C	E	B	H	E	A	L	T	H	I	W	K	G

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