

Mindfulness Word Search

Puzzle 86

I	Z	U	L	I	R	R	P	N	W	X	Q	E	X	K	K
W	I	U	W	G	E	S	T	I	L	L	N	E	S	S	X
E	Z	P	C	A	S	X	C	C	H	I	S	M	V	A	S
C	U	M	A	I	T	X	I	A	U	S	K	S	L	S	S
K	O	A	L	I	O	P	J	N	L	P	L	E	V	C	N
P	D	N	M	I	R	N	E	W	B	I	R	Y	I	O	O
U	G	N	S	H	A	G	F	R	C	R	B	S	C	A	T
R	A	T	E	C	T	Z	K	Z	H	I	Q	R	L	W	I
P	F	R	I	L	I	K	W	S	C	T	P	U	A	V	C
O	Z	H	O	J	V	O	H	A	H	K	F	Q	U	T	E
S	B	Y	S	H	E	T	U	J	H	E	A	L	T	H	E
E	D	T	P	B	Z	N	J	S	C	P	L	A	V	C	V
L	I	H	A	L	L	O	W	A	N	C	E	T	U	B	N
W	R	M	Z	L	M	L	R	L	F	E	T	I	E	X	K
V	R	A	R	W	D	G	V	Z	W	P	S	E	Y	R	W
A	B	J	A	T	T	E	N	T	I	O	N	S	G	P	R

ALLOWANCE
CALIBRATE
CONSCIOUSNESS
GRACEFUL
NOTICE
RELAX
RHYTHM
SPIRIT

ATTENTION
CALM
GENUINE
HEALTH
PURPOSE
RESTORATIVE
SHELTER
STILLNESS

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Puzzle-Solution 86

I	Z	U	L	I	R	R	P	N	W	X	Q	E	X	K	K
W	I	U	W	G	E	S	T	I	L	L	N	E	S	S	X
E	Z	P	C	A	S	X	C	C	H	I	S	M	V	A	S
C	U	M	A	I	T	X	I	A	U	S	K	S	L	S	S
K	O	A	L	I	O	P	J	N	L	P	L	E	V	C	N
P	D	N	M	I	R	N	E	W	B	I	R	Y	I	O	O
U	G	N	S	H	A	G	F	R	C	R	B	S	C	A	T
R	A	T	E	C	T	Z	K	Z	H	I	Q	R	L	W	I
P	F	R	I	L	I	K	W	S	C	T	P	U	A	V	C
O	Z	H	O	J	V	O	H	A	H	K	F	Q	U	T	E
S	B	Y	S	H	E	T	U	J	H	E	A	L	T	H	E
E	D	T	P	B	Z	N	J	S	C	P	L	A	V	C	V
L	I	H	A	L	L	O	W	A	N	C	E	T	U	B	N
W	R	M	Z	L	M	L	R	L	F	E	T	I	E	X	K
V	R	A	R	W	D	G	V	Z	W	P	S	E	Y	R	W
A	B	J	A	T	T	E	N	T	I	O	N	S	G	P	R

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