

Mindfulness Word Search

Puzzle 87

I	M	N	Q	E	T	U	P	B	R	X	D	R	G	C	C
V	N	X	S	R	M	R	R	E	O	M	R	F	F	O	O
L	S	T	C	L	X	Y	A	B	A	Y	I	O	W	N	N
Q	X	R	U	C	T	T	S	N	V	C	M	N	W	T	T
C	Y	K	V	I	H	G	U	V	Q	I	E	T	D	E	I
C	Z	R	R	G	T	O	E	Z	I	U	M	F	A	M	N
Y	P	A	I	Y	D	I	E	J	C	Z	I	O	U	P	U
E	L	S	M	Q	U	S	O	U	D	G	V	L	S	L	I
C	N	U	R	T	U	R	E	N	E	R	U	O	I	A	T
I	Y	S	J	A	G	U	C	J	Z	A	L	V	S	T	Y
I	H	W	P	N	H	Q	U	J	A	C	Z	B	L	I	Y
A	T	T	E	N	T	I	O	N	E	E	H	W	F	O	T
I	N	T	E	N	T	I	O	N	B	F	J	N	K	N	R
O	T	K	R	E	S	T	F	U	L	U	R	Y	K	J	B
E	F	J	X	W	Y	N	H	E	A	L	T	H	P	A	W
W	D	Q	C	O	N	S	C	I	O	U	S	N	E	S	S

ATTENTION
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CONTINUITY
HEALTH
INTENTION
MIND
PAUSE
RESTFUL

CLARITY
CONTEMPLATION
GRACEFUL
INSIGHT
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NURTURE
PEACEFUL
TRANQUILITY

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Puzzle-Solution 87

I	M	N	Q	E	T	U	P	B	R	X	D	R	G	C	C
V	N	X	S	R	M	R	R	E	O	M	R	F	F	O	O
L	S	T	C	L	X	Y	A	B	A	Y	I	O	W	N	N
Q	X	R	U	C	T	T	S	N	V	C	M	N	W	T	T
C	Y	K	V	I	H	G	U	V	Q	I	E	T	D	E	I
C	Z	R	R	G	T	O	E	Z	I	U	M	F	A	M	N
Y	P	A	I	Y	D	I	E	J	C	Z	I	O	U	P	U
E	L	S	M	Q	U	S	O	U	D	G	V	L	S	L	I
C	N	U	R	T	U	R	E	N	E	R	U	O	I	A	T
I	Y	S	J	A	G	U	C	J	Z	A	L	V	S	T	Y
I	H	W	P	N	H	Q	U	J	A	C	Z	B	L	I	Y
A	T	T	E	N	T	I	O	N	E	E	H	W	F	O	T
I	N	T	E	N	T	I	O	N	B	F	J	N	K	N	R
O	T	K	R	E	S	T	F	U	L	U	R	Y	K	J	B
E	F	J	X	W	Y	N	H	E	A	L	T	H	P	A	W
W	D	Q	C	O	N	S	C	I	O	U	S	N	E	S	S

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