

Mindfulness Word Search

Puzzle 93

P	N	S	C	A	L	M	C	O	S	U	P	P	O	R	T
H	M	U	T	C	A	R	P	A	T	I	E	N	C	E	Z
O	U	Q	O	A	F	T	O	L	E	R	A	N	C	E	H
E	M	G	O	X	B	P	Q	I	D	F	L	Y	S	H	O
I	S	G	S	N	F	L	K	J	P	O	B	G	L	R	B
A	X	T	B	F	L	E	E	A	Y	R	B	R	V	M	S
A	Z	M	I	U	Q	X	P	T	Q	G	M	E	H	T	E
C	H	Y	O	L	B	V	I	R	M	I	R	S	V	U	R
C	T	S	D	O	L	R	K	E	X	V	M	T	J	D	V
E	F	V	B	G	G	N	C	S	P	E	O	O	V	N	A
P	D	N	G	E	U	M	E	T	E	N	M	R	U	A	T
T	Y	W	T	X	U	B	W	S	Q	E	E	A	V	K	I
A	Q	N	V	X	A	X	B	Y	S	S	N	T	C	Q	O
N	I	D	Z	S	V	Z	E	B	U	S	T	I	W	E	N
C	Z	E	H	V	I	G	I	L	A	N	T	V	F	Z	O
E	Y	T	R	A	N	Q	U	I	L	P	Y	E	W	Z	I

**ACCEPTANCE
FORGIVENESS
MOMENT
PATIENCE
RESTORATIVE
STABLE
SUPPORT
TRANQUIL**

**CALM
INTEGRITY
OBSERVATION
REST
SOUL
STILLNESS
TOLERANCE
VIGILANT**

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Puzzle-Solution 93

P	N	S	C	A	L	M	C	O	S	U	P	P	O	R	T
H	M	U	T	C	A	R	P	A	T	I	E	N	C	E	Z
O	U	Q	O	A	F	T	O	L	E	R	A	N	C	E	H
E	M	G	O	X	B	P	Q	I	D	F	L	Y	S	H	O
I	S	G	S	N	F	L	K	J	P	O	B	G	L	R	B
A	X	T	B	F	L	E	E	A	Y	R	B	R	V	M	S
A	Z	M	I	U	Q	X	P	T	Q	G	M	E	H	T	E
C	H	Y	O	L	B	V	I	R	M	I	R	S	V	U	R
C	T	S	D	O	L	R	K	E	X	V	M	T	J	D	V
E	F	V	B	G	G	N	C	S	P	E	O	O	V	N	A
P	D	N	G	E	U	M	E	T	E	N	M	R	U	A	T
T	Y	W	T	X	U	B	W	S	Q	E	E	A	V	K	I
A	Q	N	V	X	A	X	B	Y	S	S	N	T	C	Q	O
N	I	D	Z	S	V	Z	E	B	U	S	T	I	W	E	N
C	Z	E	H	V	I	G	I	L	A	N	T	V	F	Z	O
E	Y	T	R	A	N	Q	U	I	L	P	Y	E	W	Z	I

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