

Mindfulness Word Search

Puzzle 103

L	O	F	M	H	H	E	A	L	A	E	W	E	T	H	F
Y	S	W	W	L	X	N	N	M	Z	O	G	E	E	D	U
C	X	T	N	T	A	M	B	Y	C	U	L	A	H	S	R
S	T	I	L	L	N	E	S	S	F	A	C	S	C	N	E
C	Y	Y	X	S	X	G	A	E	T	B	L	E	O	G	S
A	Y	J	D	U	A	Q	R	N	B	V	A	I	W	M	T
Z	R	S	L	P	B	R	E	A	T	H	T	T	L	X	F
F	T	T	T	P	K	M	X	T	V	N	F	P	R	M	U
S	Q	B	A	O	V	C	A	R	E	O	U	U	E	W	L
G	E	O	I	R	L	L	F	T	S	G	P	R	U	I	M
G	W	N	N	T	K	S	N	J	U	F	L	P	R	S	R
D	A	W	S	E	N	I	U	J	H	F	Y	O	V	P	X
C	R	H	U	O	N	M	E	W	W	L	Z	S	P	A	J
E	M	X	P	U	R	E	S	T	R	O	D	E	X	I	X
M	T	K	Q	W	E	Y	S	U	I	W	T	Z	Z	E	M
L	H	P	E	S	K	A	Z	S	A	A	R	P	T	A	O

**BREATH
EASE
HEAL
MENTAL
PURPOSE
RESTFUL
SOFT
SUPPORT**

**CARE
FLOW
INTENTION
ONENESS
REFUGE
SENSORY
STILLNESS
WARMTH**

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Puzzle-Solution 103

L	O	F	M	H	H	E	A	L	A	E	W	E	T	H	F
Y	S	W	W	L	X	N	N	M	Z	O	G	E	E	D	U
C	X	T	N	T	A	M	B	Y	C	U	L	A	H	S	R
S	T	I	L	L	N	E	S	S	F	A	C	S	C	N	E
C	Y	Y	X	S	X	G	A	E	T	B	L	E	O	G	S
A	Y	J	D	U	A	Q	R	N	B	V	A	I	W	M	T
Z	R	S	L	P	B	R	E	A	T	H	T	T	L	X	F
F	T	T	T	P	K	M	X	T	V	N	F	P	R	M	U
S	Q	B	A	O	V	C	A	R	E	O	U	U	E	W	L
G	E	O	I	R	L	L	F	T	S	G	P	R	U	I	M
G	W	N	N	T	K	S	N	J	U	F	L	P	R	S	R
D	A	W	S	E	N	I	U	J	H	F	Y	O	V	P	X
C	R	H	U	O	N	M	E	W	W	L	Z	S	P	A	J
E	M	X	P	U	R	E	S	T	R	O	D	E	X	I	X
M	T	K	Q	W	E	Y	S	U	I	W	T	Z	Z	E	M
L	H	P	E	S	K	A	Z	S	A	A	R	P	T	A	O

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