

Mindfulness Word Search

Puzzle 108

G	B	H	V	W	D	S	I	M	P	L	I	C	I	T	Y
T	M	C	O	N	C	E	N	T	R	A	T	I	O	N	J
G	K	N	O	W	L	E	D	G	E	S	T	E	A	D	Y
R	S	Q	T	W	B	R	R	P	R	E	S	E	N	T	Z
W	E	C	X	C	T	A	N	E	K	O	M	N	S	S	B
E	N	D	E	S	E	R	L	Q	C	P	V	S	B	B	G
L	S	B	E	E	K	Q	F	A	K	E	E	J	T	Z	B
L	A	R	O	R	V	G	M	D	N	N	P	Q	I	S	A
N	T	A	X	E	Z	C	E	J	E	C	C	T	B	C	F
E	I	R	T	N	Q	F	N	L	Z	X	E	U	I	T	J
S	O	E	L	E	I	R	T	D	D	T	V	T	A	V	J
S	N	S	G	L	Q	N	A	G	Y	S	N	Q	Z	R	E
W	I	T	P	I	E	A	L	Y	X	X	T	I	S	V	R
D	R	F	V	G	G	C	I	O	N	Z	T	I	T	L	U
Z	X	U	U	B	L	R	T	J	F	E	Y	J	L	J	X
H	D	L	T	Y	M	S	Y	E	Z	A	N	D	U	L	Q

BALANCE
GENTLENESS
LIFE
PRESENT
REST
SENSATION
SIMPLICITY
STILL

CONCENTRATION
KNOWLEDGE
MENTALITY
RECEPTIVE
RESTFUL
SERENE
STEADY
WELLNESS

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Puzzle-Solution 108

G	B	H	V	W	D	S	I	M	P	L	I	C	I	T	Y
T	M	C	O	N	C	E	N	T	R	A	T	I	O	N	J
G	K	N	O	W	L	E	D	G	E	S	T	E	A	D	Y
R	S	Q	T	W	B	R	R	P	R	E	S	E	N	T	Z
W	E	C	X	C	T	A	N	E	K	O	M	N	S	S	B
E	N	D	E	S	E	R	L	Q	C	P	V	S	B	B	G
L	S	B	E	E	K	Q	F	A	K	E	E	J	T	Z	B
L	A	R	O	R	V	G	M	D	N	N	P	Q	I	S	A
N	T	A	X	E	Z	C	E	J	E	C	C	T	B	C	F
E	I	R	T	N	Q	F	N	L	Z	X	E	U	I	T	J
S	O	E	L	E	I	R	T	D	D	T	V	T	A	V	J
S	N	S	G	L	Q	N	A	G	Y	S	N	Q	Z	R	E
W	I	T	P	I	E	A	L	Y	X	X	T	I	S	V	R
D	R	F	V	G	G	C	I	O	N	Z	T	I	T	L	U
Z	X	U	U	B	L	R	T	J	F	E	Y	J	L	J	X
H	D	L	T	Y	M	S	Y	E	Z	A	N	D	U	L	Q

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