

Mindfulness Word Search

Puzzle 111

V	B	R	E	A	T	H	F	U	L	A	L	A	S	U	U
G	S	I	M	P	L	I	C	I	T	Y	N	S	C	L	S
H	E	F	F	O	R	T	L	E	S	S	E	Z	B	V	C
J	R	B	H	U	H	A	R	M	O	N	Y	T	H	N	E
Z	O	E	E	O	U	T	C	Y	M	Z	H	T	Z	C	Z
Q	C	Q	S	Y	M	K	G	L	E	S	A	Y	N	E	C
U	O	A	D	T	X	E	A	G	Q	P	T	E	C	P	J
I	M	T	X	Y	F	C	G	K	A	H	I	I	P	M	Y
E	P	T	X	J	I	U	E	M	J	T	T	R	R	G	I
T	O	E	F	P	V	F	L	P	A	O	B	W	E	S	M
U	S	N	C	K	M	U	I	P	N	D	D	I	S	C	L
D	E	T	M	K	N	O	W	L	E	D	G	E	E	E	G
E	R	I	E	Z	G	V	Q	P	Z	D	H	E	N	N	A
H	K	V	R	I	W	H	F	A	T	G	L	A	C	T	U
Z	Z	E	X	U	K	V	V	S	I	U	A	S	E	F	O
U	K	V	O	K	B	V	Z	C	S	O	Z	E	Y	J	M

**ATTENTIVE
CALMNESS
EASE
HARMONY
KNOWLEDGE
PATIENCE
QUIETUDE
SCENT**

**BREATHFUL
COMPOSE
EFFORTLESS
HOME
NOTICE
PRESENCE
RESTFUL
SIMPLICITY**

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Puzzle-Solution 111

V	B	R	E	A	T	H	F	U	L	A	L	A	S	U	U
G	S	I	M	P	L	I	C	I	T	Y	N	S	C	L	S
H	E	F	F	O	R	T	L	E	S	S	E	Z	B	V	C
J	R	B	H	U	H	A	R	M	O	N	Y	T	H	N	E
Z	O	E	E	O	U	T	C	Y	M	Z	H	T	Z	C	Z
Q	C	Q	S	Y	M	K	G	L	E	S	A	Y	N	E	C
U	O	A	D	T	X	E	A	G	Q	P	T	E	C	P	J
I	M	T	X	Y	F	C	G	K	A	H	I	I	P	M	Y
E	P	T	X	J	I	U	E	M	J	T	T	R	R	G	I
T	O	E	F	P	V	F	L	P	A	O	B	W	E	S	M
U	S	N	C	K	M	U	I	P	N	D	D	I	S	C	L
D	E	T	M	K	N	O	W	L	E	D	G	E	E	E	G
E	R	I	E	Z	G	V	Q	P	Z	D	H	E	N	N	A
H	K	V	R	I	W	H	F	A	T	G	L	A	C	T	U
Z	Z	E	X	U	K	V	V	S	I	U	A	S	E	F	O
U	K	V	O	K	B	V	Z	C	S	O	Z	E	Y	J	M

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