

Mindfulness Word Search

Puzzle 129

T	X	H	P	J	D	C	J	C	O	M	F	O	R	T	K
X	O	H	W	C	W	E	Y	H	G	P	I	G	G	I	G
R	N	H	Q	Z	T	F	P	H	M	A	M	F	U	B	E
X	E	B	P	A	A	F	N	G	X	I	D	P	C	L	N
U	N	R	C	C	H	O	J	A	C	C	E	P	T	Y	T
I	E	E	J	G	S	R	X	E	T	C	I	D	P	U	L
R	S	A	I	E	Q	T	I	S	M	M	Y	I	L	A	E
E	S	T	D	N	N	L	N	N	L	P	H	N	G	Y	N
O	C	H	V	U	O	E	M	X	T	S	A	R	W	X	E
R	Q	L	T	I	U	S	Z	M	S	E	O	T	C	S	S
D	R	Y	X	N	T	S	Y	E	H	H	N	X	H	R	S
E	B	H	N	E	X	A	N	H	C	W	A	T	G	Y	G
R	Q	P	Y	C	L	T	L	N	E	L	F	V	I	A	Z
P	Y	Z	L	T	F	V	A	I	E	A	Y	X	H	O	Y
G	B	A	Y	O	H	Y	D	R	T	M	R	W	H	U	N
P	V	O	S	N	T	M	N	L	N	Y	C	T	W	P	I

**ACCEPT
BREATH
EFFORTLESS
GENTLENESS
HEART
ONENESS
RELAX
SOFTNESS**

**ANCHOR
COMFORT
EMPATHY
GENUINE
INTENTION
ORDER
RHYTHM
VITALITY**

Mindfulness Word Search

Puzzle-Solution 129

T	X	H	P	J	D	C	J	C	O	M	F	O	R	T	K
X	O	H	W	C	W	E	Y	H	G	P	I	G	G	I	G
R	N	H	Q	Z	T	F	P	H	M	A	M	F	U	B	E
X	E	B	P	A	A	F	N	G	X	I	D	P	C	L	N
U	N	R	C	C	H	O	J	A	C	C	E	P	T	Y	T
I	E	E	J	G	S	R	X	E	T	C	I	D	P	U	L
R	S	A	I	E	Q	T	I	S	M	M	Y	I	L	A	E
E	S	T	D	N	N	L	N	N	L	P	H	N	G	Y	N
O	C	H	V	U	O	E	M	X	T	S	A	R	W	X	E
R	Q	L	T	I	U	S	Z	M	S	E	O	T	C	S	S
D	R	Y	X	N	T	S	Y	E	H	H	N	X	H	R	S
E	B	H	N	E	X	A	N	H	C	W	A	T	G	Y	G
R	Q	P	Y	C	L	T	L	N	E	L	F	V	I	A	Z
P	Y	Z	L	T	F	V	A	I	E	A	Y	X	H	O	Y
G	B	A	Y	O	H	Y	D	R	T	M	R	W	H	U	N
P	V	O	S	N	T	M	N	L	N	Y	C	T	W	P	I

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