

# Mindfulness Word Search

## Puzzle 130

G	R	O	U	N	D	S	W	R	E	S	T	F	U	L	Y
J	O	U	K	G	V	C	C	N	D	D	X	L	P	L	L
G	X	I	N	A	T	G	O	S	O	E	T	K	X	E	Q
B	L	V	O	I	H	M	M	I	T	W	O	P	S	O	Q
O	P	C	W	S	K	V	P	G	L	M	Y	S	X	F	X
R	O	M	L	T	X	G	O	H	W	W	E	F	L	M	C
H	R	S	E	I	M	S	S	T	U	N	U	L	D	I	A
K	T	O	D	L	A	K	E	P	E	U	I	L	Y	B	F
C	I	X	G	L	P	R	R	L	E	T	E	R	N	A	L
L	S	N	E	V	U	D	O	L	R	F	Q	B	I	L	C
A	S	B	D	T	V	H	T	T	R	E	R	M	D	A	C
R	R	A	R	N	W	Y	I	E	G	K	X	S	I	N	A
I	Z	U	M	P	E	R	F	I	N	T	E	N	T	C	G
T	N	P	L	C	I	S	T	V	L	G	O	U	C	E	V
Y	D	B	R	P	Q	C	S	V	A	W	E	Y	X	V	Z
D	W	L	S	X	H	T	Q	U	I	E	T	U	D	E	S

**BALANCE  
COMPOSE  
GROUND  
KINDNESS  
NOW  
QUIETUDE  
SIGHT  
STILL**

**CLARITY  
ETERNAL  
INTENT  
KNOWLEDGE  
NURTURE  
RESTFUL  
SPIRIT  
WHOLENESS**

# Mindfulness Word Search

## Puzzle-Solution 130

<b>G</b>	<b>R</b>	<b>O</b>	<b>U</b>	<b>N</b>	<b>D</b>	S	W	<b>R</b>	<b>E</b>	<b>S</b>	<b>T</b>	<b>F</b>	<b>U</b>	<b>L</b>	Y
J	O	U	<b>K</b>	G	V	C	<b>C</b>	<b>N</b>	D	D	X	L	P	L	L
G	X	I	<b>N</b>	A	T	G	<b>O</b>	<b>S</b>	<b>O</b>	E	T	K	X	E	Q
B	L	V	<b>O</b>	I	H	M	<b>M</b>	<b>I</b>	T	<b>W</b>	O	P	<b>S</b>	O	Q
O	P	C	<b>W</b>	<b>S</b>	K	V	<b>P</b>	<b>G</b>	L	M	Y	<b>S</b>	X	F	X
R	O	M	<b>L</b>	<b>T</b>	X	G	<b>O</b>	<b>H</b>	W	W	<b>E</b>	F	L	M	C
H	R	S	<b>E</b>	<b>I</b>	M	S	<b>S</b>	<b>T</b>	U	<b>N</b>	U	L	D	I	A
<b>K</b>	T	O	<b>D</b>	<b>L</b>	A	K	<b>E</b>	P	<b>E</b>	U	I	L	Y	<b>B</b>	F
<b>C</b>	I	X	<b>G</b>	<b>L</b>	P	R	R	<b>L</b>	<b>E</b>	<b>T</b>	<b>E</b>	<b>R</b>	<b>N</b>	<b>A</b>	<b>L</b>
<b>L</b>	S	<b>N</b>	<b>E</b>	V	<b>U</b>	D	<b>O</b>	L	R	F	Q	B	I	<b>L</b>	C
<b>A</b>	S	B	<b>D</b>	<b>T</b>	V	<b>H</b>	T	<b>T</b>	R	E	R	M	D	<b>A</b>	C
<b>R</b>	R	A	<b>R</b>	<b>N</b>	<b>W</b>	Y	<b>I</b>	E	G	K	X	S	I	<b>N</b>	A
<b>I</b>	Z	<b>U</b>	M	P	<b>E</b>	<b>R</b>	F	<b>I</b>	<b>N</b>	<b>T</b>	<b>E</b>	<b>N</b>	<b>T</b>	<b>C</b>	G
<b>T</b>	<b>N</b>	P	L	C	<b>I</b>	<b>S</b>	T	V	L	G	O	U	C	<b>E</b>	V
<b>Y</b>	D	B	R	<b>P</b>	Q	C	<b>S</b>	V	A	W	E	Y	X	V	Z
D	W	L	<b>S</b>	X	H	T	<b>Q</b>	<b>U</b>	<b>I</b>	<b>E</b>	<b>T</b>	<b>U</b>	<b>D</b>	<b>E</b>	S

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