

# Mindfulness Word Search

## Puzzle 137

U	Z	C	N	R	N	C	E	L	X	E	V	J	V	O	B
C	P	X	B	V	E	C	U	Y	C	A	L	M	G	C	W
O	M	U	O	R	N	F	K	R	G	H	M	F	O	T	F
N	S	V	J	E	H	G	U	K	E	O	E	G	W	D	O
T	T	C	I	T	H	I	U	G	N	N	F	Z	V	L	R
E	C	T	U	T	A	E	W	G	E	E	F	S	A	N	G
M	A	R	P	Z	Z	S	A	Y	A	S	O	N	N	K	I
P	T	S	J	A	C	B	T	R	U	T	R	R	N	Y	V
L	G	E	M	C	V	T	A	E	T	E	T	H	X	T	E
A	X	S	T	A	B	I	L	I	T	Y	L	P	H	T	N
T	E	Y	L	J	T	Z	P	E	Z	M	E	L	R	I	E
I	K	N	O	W	L	E	D	G	E	D	S	X	A	I	S
O	T	G	V	Q	G	F	B	L	N	H	S	F	X	H	S
N	Q	J	S	L	O	B	S	E	R	V	A	T	I	O	N
Q	S	P	O	S	I	M	P	L	I	C	I	T	Y	O	M
Y	R	Z	P	G	F	U	I	N	S	I	G	H	T	E	Z

**CALM  
EFFORTLESS  
FORGIVENESS  
HONEST  
KNOWLEDGE  
PATIENCE  
SIMPLICITY  
TASTE**

**CONTEMPLATION  
ETERNAL  
HEART  
INSIGHT  
OBSERVATION  
REFUGE  
STABILITY  
TRUTHFUL**

# Mindfulness Word Search

## Puzzle-Solution 137

U	Z	C	N	R	N	C	E	L	X	E	V	J	V	O	B
C	P	X	B	V	E	C	U	Y	C	A	L	M	G	C	W
O	M	U	O	R	N	F	K	R	G	H	M	F	O	T	F
N	S	V	J	E	H	G	U	K	E	O	E	G	W	D	O
T	T	C	I	T	H	I	U	G	N	N	F	Z	V	L	R
E	C	T	U	T	A	E	W	G	E	E	F	S	A	N	G
M	A	R	P	Z	Z	S	A	Y	A	S	O	N	N	K	I
P	T	S	J	A	C	B	T	R	U	T	R	R	N	Y	V
L	G	E	M	C	V	T	A	E	T	E	T	H	X	T	E
A	X	S	T	A	B	I	L	I	T	Y	L	P	H	T	N
T	E	Y	L	J	T	Z	P	E	Z	M	E	L	R	I	E
I	K	N	O	W	L	E	D	G	E	D	S	X	A	I	S
O	T	G	V	Q	G	F	B	L	N	H	S	F	X	H	S
N	Q	J	S	L	O	B	S	E	R	V	A	T	I	O	N
Q	S	P	O	S	I	M	P	L	I	C	I	T	Y	O	M
Y	R	Z	P	G	F	U	I	N	S	I	G	H	T	E	Z

**CALM**  
**EFFORTLESS**  
**FORGIVENESS**  
**HONEST**  
**KNOWLEDGE**  
**PATIENCE**  
**SIMPLICITY**  
**TASTE**

**CONTEMPLATION**  
**ETERNAL**  
**HEART**  
**INSIGHT**  
**OBSERVATION**  
**REFUGE**  
**STABILITY**  
**TRUTHFUL**