

# Mindfulness Word Search

## Puzzle 148

M	I	N	D	F	U	L	P	D	F	O	O	E	E	G	O
C	O	N	S	C	I	O	U	S	N	E	S	S	P	F	L
B	F	P	T	T	E	H	M	Q	T	A	K	V	R	U	E
M	J	Y	J	S	S	Q	U	V	E	S	R	G	F	L	V
W	I	S	D	O	M	U	U	R	P	H	E	T	L	A	F
O	C	E	N	T	E	R	G	A	D	N	H	N	K	D	O
X	R	X	R	L	C	G	D	C	N	G	O	S	S	T	R
L	H	W	R	D	S	A	Z	F	I	I	Y	P	I	E	G
K	H	S	C	L	Z	Z	L	S	T	T	M	Z	E	C	I
H	X	V	I	L	H	T	N	I	I	X	C	I	F	N	V
Y	E	D	S	G	R	I	I	L	B	D	Y	S	T	O	E
S	Q	R	N	N	H	O	A	A	S	R	H	E	T	Y	N
V	G	D	E	S	D	T	H	L	R	B	A	G	N	O	E
C	C	J	N	V	I	R	X	E	L	N	V	T	V	Z	S
R	C	H	V	V	G	F	L	R	E	G	E	G	E	T	S
G	W	H	J	X	B	X	T	T	M	D	N	C	W	Q	L

**ALERT  
CENTER  
EASE  
FORGIVENESS  
HERE  
MINDFUL  
SENSE  
VITALITY**

**CALIBRATE  
CONSCIOUSNESS  
EQUANIMITY  
HAVEN  
INSIGHTFUL  
OPEN  
SIGHT  
WISDOM**

# Mindfulness Word Search

## Puzzle-Solution 148

M	I	N	D	F	U	L	P	D	F	O	O	E	E	G	O
C	O	N	S	C	I	O	U	S	N	E	S	S	P	F	L
B	F	P	T	T	E	H	M	Q	T	A	K	V	R	U	E
M	J	Y	J	S	S	Q	U	V	E	S	R	G	F	L	V
W	I	S	D	O	M	U	U	R	P	H	E	T	L	A	F
O	C	E	N	T	E	R	G	A	D	N	H	N	K	D	O
X	R	X	R	L	C	G	D	C	N	G	O	S	S	T	R
L	H	W	R	D	S	A	Z	F	I	I	Y	P	I	E	G
K	H	S	C	L	Z	Z	L	S	T	T	M	Z	E	C	I
H	X	V	I	L	H	T	N	I	I	X	C	I	F	N	V
Y	E	D	S	G	R	I	I	L	B	D	Y	S	T	O	E
S	Q	R	N	N	H	O	A	A	S	R	H	E	T	Y	N
V	G	D	E	S	D	T	H	L	R	B	A	G	N	O	E
C	C	J	N	V	I	R	X	E	L	N	V	T	V	Z	S
R	C	H	V	V	G	F	L	R	E	G	E	G	E	T	S
G	W	H	J	X	B	X	T	T	M	D	N	C	W	Q	L

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