

Mindfulness Word Search

Puzzle 153

M	D	T	O	P	E	N	N	E	S	S	H	H	C	O	E
K	A	F	N	H	A	R	M	O	N	Y	F	A	Y	N	G
N	V	K	C	Y	Z	G	T	M	T	S	M	P	J	E	E
F	R	R	E	A	S	E	H	A	I	P	K	C	A	N	G
W	E	I	H	Z	Z	T	Y	X	S	Z	P	L	V	E	Y
A	C	H	B	R	O	H	M	S	E	T	G	N	J	S	H
Q	E	Q	E	C	R	B	S	O	S	V	E	A	V	S	Y
I	P	E	U	D	O	E	S	S	M	M	O	B	H	A	V
C	T	C	Z	I	N	M	E	E	I	E	T	B	O	D	Y
Z	I	B	O	L	E	N	F	J	R	N	N	M	R	E	N
H	V	X	L	Z	E	T	Y	O	Y	V	T	T	X	Z	Q
W	E	E	V	L	W	D	U	N	R	D	A	E	C	Z	G
D	W	T	T	I	V	T	I	D	K	T	W	T	N	U	L
Z	E	N	Y	H	Y	C	A	P	E	Y	N	D	I	T	K
B	E	A	C	C	E	P	T	A	N	C	E	D	Q	O	O
G	A	T	R	U	T	H	F	U	L	D	C	W	Q	T	N

**ACCEPTANCE
COMFORT
GENTLENESS
INTENT
OBSERVATION
OPENNESS
RECEPTIVE
TRUTHFUL**

**BODY
EASE
HARMONY
MOMENT
ONENESS
QUIETUDE
TASTE
WELLNESS**

Mindfulness Word Search

Puzzle-Solution 153

M	D	T	O	P	E	N	N	E	S	S	H	H	C	O	E
K	A	F	N	H	A	R	M	O	N	Y	F	A	Y	N	G
N	V	K	C	Y	Z	G	T	M	T	S	M	P	J	E	E
F	R	R	E	A	S	E	H	A	I	P	K	C	A	N	G
W	E	I	H	Z	Z	T	Y	X	S	Z	P	L	V	E	Y
A	C	H	B	R	O	H	M	S	E	T	G	N	J	S	H
Q	E	Q	E	C	R	B	S	O	S	V	E	A	V	S	Y
I	P	E	U	D	O	E	S	S	M	M	O	B	H	A	V
C	T	C	Z	I	N	M	E	E	I	E	T	B	O	D	Y
Z	I	B	O	L	E	N	F	J	R	N	N	M	R	E	N
H	V	X	L	Z	E	T	Y	O	Y	V	T	T	X	Z	Q
W	E	E	V	L	W	D	U	N	R	D	A	E	C	Z	G
D	W	T	T	I	V	T	I	D	K	T	W	T	N	U	L
Z	E	N	Y	H	Y	C	A	P	E	Y	N	D	I	T	K
B	E	A	C	C	E	P	T	A	N	C	E	D	Q	O	O
G	A	T	R	U	T	H	F	U	L	D	C	W	Q	T	N

ACCEPTANCE
COMFORT
GENTLENESS
INTENT
OBSERVATION
OPENNESS
RECEPTIVE
TRUTHFUL

BODY
EASE
HARMONY
MOMENT
ONENESS
QUIETUDE
TASTE
WELLNESS