

Mindfulness Word Search

Puzzle 154

X	V	Y	H	R	E	F	U	G	E	X	P	Z	Z	Q	K
R	Q	D	Y	U	M	J	S	Y	T	E	N	E	R	G	Y
E	Q	L	M	H	Q	T	F	O	L	Z	U	R	G	E	S
C	L	A	R	I	T	Y	S	B	F	G	U	W	E	T	S
L	T	R	A	N	Q	U	I	L	I	T	Y	K	U	S	K
K	D	N	O	F	A	U	R	E	N	N	N	J	D	O	T
Z	W	X	D	O	S	H	G	T	R	N	K	E	R	F	R
D	H	O	O	B	T	D	R	P	A	C	H	U	S	T	D
P	B	Z	S	D	E	E	J	Z	L	O	P	V	Z	S	J
C	R	A	J	L	L	Y	E	A	G	Z	D	L	N	X	X
L	R	E	W	A	Y	C	T	P	N	Y	V	V	H	D	O
P	H	O	S	T	N	N	Q	U	I	E	T	U	D	E	N
D	N	R	I	E	E	N	Q	Q	B	N	X	I	H	V	M
K	B	R	L	M	N	N	S	T	I	L	L	N	E	S	S
J	U	I	J	F	U	C	O	Z	K	H	E	W	M	G	Y
P	S	C	H	K	O	O	E	G	Z	S	H	X	A	F	V

**ALERT
COZY
KNOWLEDGE
PRESENCE
QUIETUDE
REST
SOFT
STILLNESS**

**CLARITY
ENERGY
MENTAL
PURITY
REFUGE
SILENCE
SOFTNESS
TRANQUILITY**

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Puzzle-Solution 154

X	V	Y	H	R	E	F	U	G	E	X	P	Z	Z	Q	K
R	Q	D	Y	U	M	J	S	Y	T	E	N	E	R	G	Y
E	Q	L	M	H	Q	T	F	O	L	Z	U	R	G	E	S
C	L	A	R	I	T	Y	S	B	F	G	U	W	E	T	S
L	T	R	A	N	Q	U	I	L	I	T	Y	K	U	S	K
K	D	N	O	F	A	U	R	E	N	N	N	J	D	O	T
Z	W	X	D	O	S	H	G	T	R	N	K	E	R	F	R
D	H	O	O	B	T	D	R	P	A	C	H	U	S	T	D
P	B	Z	S	D	E	E	J	Z	L	O	P	V	Z	S	J
C	R	A	J	L	L	Y	E	A	G	Z	D	L	N	X	X
L	R	E	W	A	Y	C	T	P	N	Y	V	V	H	D	O
P	H	O	S	T	N	N	Q	U	I	E	T	U	D	E	N
D	N	R	I	E	E	N	Q	Q	B	N	X	I	H	V	M
K	B	R	L	M	N	N	S	T	I	L	L	N	E	S	S
J	U	I	J	F	U	C	O	Z	K	H	E	W	M	G	Y
P	S	C	H	K	O	O	E	G	Z	S	H	X	A	F	V

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