

Mindfulness Word Search

Puzzle 155

W	K	O	P	A	U	S	E	A	D	W	L	O	H	Z	G
X	D	J	A	T	E	L	Q	N	O	L	E	K	G	I	S
Y	L	U	A	L	O	R	P	N	L	S	C	M	S	B	O
V	T	S	I	S	E	R	E	N	I	T	Y	U	H	L	U
K	G	N	N	E	V	T	M	F	R	T	B	B	E	M	L
J	C	H	R	U	S	M	P	W	L	N	R	K	L	A	J
H	D	A	K	E	T	D	A	Y	A	E	H	X	T	N	K
F	W	X	N	V	V	P	T	H	H	R	C	K	E	Z	S
A	T	O	B	L	E	N	H	X	Z	X	M	T	R	B	D
S	H	P	K	B	C	N	Y	X	R	M	W	T	I	K	K
T	C	G	E	N	T	L	E	N	E	S	S	I	H	O	A
O	T	N	A	Y	L	R	G	C	F	K	W	G	L	S	N
U	P	M	A	T	R	A	N	Q	U	I	L	I	T	Y	E
C	I	I	B	M	W	G	U	V	G	L	Q	W	O	A	I
H	M	I	N	D	F	U	L	N	E	U	B	V	V	E	L
C	O	N	S	C	I	O	U	S	N	E	S	S	S	J	C

**AWARE
EMPATHY
HONEST
NOW
REFLECTION
SERENITY
SOUL
TRANQUILITY**

**CONSCIOUSNESS
GENTLENESS
MINDFUL
PAUSE
REFUGE
SHELTER
TOUCH
WARMTH**

Mindfulness Word Search

Puzzle-Solution 155

W	K	O	P	A	U	S	E	A	D	W	L	O	H	Z	G
X	D	J	A	T	E	L	Q	N	O	L	E	K	G	I	S
Y	L	U	A	L	O	R	P	N	L	S	C	M	S	B	O
V	T	S	I	S	E	R	E	N	I	T	Y	U	H	L	U
K	G	N	N	E	V	T	M	F	R	T	B	B	E	M	L
J	C	H	R	U	S	M	P	W	L	N	R	K	L	A	J
H	D	A	K	E	T	D	A	Y	A	E	H	X	T	N	K
F	W	X	N	V	V	P	T	H	H	R	C	K	E	Z	S
A	T	O	B	L	E	N	H	X	Z	X	M	T	R	B	D
S	H	P	K	B	C	N	Y	X	R	M	W	T	I	K	K
T	C	G	E	N	T	L	E	N	E	S	S	I	H	O	A
O	T	N	A	Y	L	R	G	C	F	K	W	G	L	S	N
U	P	M	A	T	R	A	N	Q	U	I	L	I	T	Y	E
C	I	I	B	M	W	G	U	V	G	L	Q	W	O	A	I
H	M	I	N	D	F	U	L	N	E	U	B	V	V	E	L
C	O	N	S	C	I	O	U	S	N	E	S	S	S	J	C

AWARE
EMPATHY
HONEST
NOW
REFLECTION
SERENITY
SOUL
TRANQUILITY

CONSCIOUSNESS
GENTLENESS
MINDFUL
PAUSE
REFUGE
SHELTER
TOUCH
WARMTH