

Mindfulness Word Search

Puzzle 159

G	L	G	F	H	H	H	L	A	L	L	O	W	H	S	R
H	W	D	R	S	D	L	I	F	N	Q	D	D	A	W	Y
E	P	Y	S	I	H	N	A	T	T	V	J	P	E	T	X
O	U	U	E	S	H	E	W	A	B	B	E	T	I	J	Z
A	A	S	C	H	E	Y	L	S	E	T	R	L	C	N	B
A	G	E	U	U	W	N	H	T	C	B	A	A	Y	G	R
S	Q	R	R	N	P	E	S	E	E	T	X	T	B	D	S
A	S	E	I	O	R	P	P	O	N	R	I	B	P	Z	T
I	I	N	T	Z	X	S	Q	E	R	M	U	G	D	R	E
K	L	I	Y	N	O	M	M	Y	I	Y	E	A	S	E	A
Y	U	T	I	R	O	M	I	N	D	F	U	L	N	V	D
X	N	Y	T	D	T	H	A	H	O	L	J	S	L	Z	Y
C	W	N	S	H	I	U	O	Z	X	Z	D	O	S	M	G
N	I	I	X	K	Q	R	I	M	I	E	Q	F	V	Q	J
W	W	G	X	E	G	F	O	Q	E	R	Z	T	H	N	V
C	M	M	U	H	P	Z	U	D	F	P	P	E	A	C	E

**ALLOW
EQUANIMITY
INTROSPECT
MINDFUL
SECURITY
SERENITY
SOFT
TASTE**

**EASE
HOME
MENTALITY
PEACE
SENSORY
SHELTER
STEADY
WISDOM**

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Puzzle-Solution 159

G	L	G	F	H	H	H	L	A	L	L	O	W	H	S	R
H	W	D	R	S	D	L	I	F	N	Q	D	D	A	W	Y
E	P	Y	S	I	H	N	A	T	T	V	J	P	E	T	X
O	U	U	E	S	H	E	W	A	B	B	E	T	I	J	Z
A	A	S	C	H	E	Y	L	S	E	T	R	L	C	N	B
A	G	E	U	U	W	N	H	T	C	B	A	A	Y	G	R
S	Q	R	R	N	P	E	S	E	E	T	X	T	B	D	S
A	S	E	I	O	R	P	P	O	N	R	I	B	P	Z	T
I	I	N	T	Z	X	S	Q	E	R	M	U	G	D	R	E
K	L	I	Y	N	O	M	M	Y	I	Y	E	A	S	E	A
Y	U	T	I	R	O	M	I	N	D	F	U	L	N	V	D
X	N	Y	T	D	T	H	A	H	O	L	J	S	L	Z	Y
C	W	N	S	H	I	U	O	Z	X	Z	D	O	S	M	G
N	I	I	X	K	Q	R	I	M	I	E	Q	F	V	Q	J
W	W	G	X	E	G	F	O	Q	E	R	Z	T	H	N	V
C	M	M	U	H	P	Z	U	D	F	P	P	E	A	C	E

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