

Mindfulness Word Search

Puzzle 160

K	S	R	I	W	O	S	S	H	E	L	T	E	R	L	P
P	C	T	N	C	L	V	A	N	C	H	O	R	G	E	I
P	E	F	T	R	X	Y	I	O	A	E	U	F	P	J	L
E	N	S	P	H	E	K	R	G	R	B	R	C	I	K	J
F	T	B	E	A	R	A	K	S	I	W	O	H	U	Q	I
F	V	R	E	L	A	X	L	T	L	L	U	B	V	V	M
O	C	A	A	J	Q	C	J	H	R	O	A	R	Z	L	E
R	O	L	E	O	E	C	R	Q	E	U	U	N	A	P	E
T	N	L	Q	N	P	A	E	T	Z	A	T	C	T	V	M
L	T	O	U	C	M	B	S	R	N	Q	E	H	I	E	U
E	I	W	A	B	B	C	T	H	M	A	Y	T	F	E	B
S	N	A	B	J	S	A	F	E	T	Y	N	V	H	U	B
S	U	N	L	K	Y	Z	U	Q	Z	E	O	T	V	O	L
Z	I	H	E	P	L	J	L	M	T	Y	O	E	G	G	H
P	T	J	A	E	Y	T	F	T	N	O	U	K	B	T	S
U	Y	J	V	V	B	R	A	X	S	W	N	V	Q	T	L

**ALLOW
ATTENTIVE
CONTINUITY
EQUABLE
RELAX
SAFETY
SHELTER
TRUTHFUL**

**ANCHOR
CALM
EFFORTLESS
REAL
RESTFUL
SCENT
SOOTHE
VIGILANT**

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Puzzle-Solution 160

K	S	R	I	W	O	S	S	H	E	L	T	E	R	L	P
P	C	T	N	C	L	V	A	N	C	H	O	R	G	E	I
P	E	F	T	R	X	Y	I	O	A	E	U	F	P	J	L
E	N	S	P	H	E	K	R	G	R	B	R	C	I	K	J
F	T	B	E	A	R	A	K	S	I	W	O	H	U	Q	I
F	V	R	E	L	A	X	L	T	L	L	U	B	V	V	M
O	C	A	A	J	Q	C	J	H	R	O	A	R	Z	L	E
R	O	L	E	O	E	C	R	Q	E	U	U	N	A	P	E
T	N	L	Q	N	P	A	E	T	Z	A	T	C	T	V	M
L	T	O	U	C	M	B	S	R	N	Q	E	H	I	E	U
E	I	W	A	B	B	C	T	H	M	A	Y	T	F	E	B
S	N	A	B	J	S	A	F	E	T	Y	N	V	H	U	B
S	U	N	L	K	Y	Z	U	Q	Z	E	O	T	V	O	L
Z	I	H	E	P	L	J	L	M	T	Y	O	E	G	G	H
P	T	J	A	E	Y	T	F	T	N	O	U	K	B	T	S
U	Y	J	V	V	B	R	A	X	S	W	N	V	Q	T	L

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